1  
00:00:02,420 --> 00:00:02,740  
好了  
  
2  
00:00:02,900 --> 00:00:03,740  
各位同学们  
  
3  
00:00:05,140 --> 00:00:07,100  
接着聊咱们的金匮要略  
  
4  
00:00:08,320 --> 00:00:09,000  
上次呢  
  
5  
00:00:09,080 --> 00:00:12,200  
咱们这个呕吐月，夏利啊这一张  
  
6  
00:00:13,680 --> 00:00:17,060  
剩了最后一个话题啊，呃  
  
7  
00:00:17,140 --> 00:00:17,980  
这么几个条文  
  
8  
00:00:18,220 --> 00:00:21,660  
咱们今天呢，把它们串个串儿啊  
  
9  
00:00:21,940 --> 00:00:22,900  
给大家捋一遍  
  
10  
00:00:24,160 --> 00:00:24,360  
呃  
  
11  
00:00:24,360 --> 00:00:26,880  
先看一下原文，第31条啊  
  
12  
00:00:27,000 --> 00:00:28,760  
31条讲这么一个事  
  
13  
00:00:29,580 --> 00:00:31,020  
夏利气者  
  
14  
00:00:31,940 --> 00:00:33,100  
当利其小便  
  
15  
00:00:33,180 --> 00:00:34,220  
就这么一句话啊  
  
16  
00:00:34,260 --> 00:00:34,740  
很短  
  
17  
00:00:35,950 --> 00:00:36,910  
字面意思呢  
  
18  
00:00:36,950 --> 00:00:38,310  
比较容易理解啊  
  
19  
00:00:39,650 --> 00:00:40,050  
夏利  
  
20  
00:00:40,210 --> 00:00:43,530  
呃呃，两半一个所谓下利器者  
  
21  
00:00:43,610 --> 00:00:44,810  
什么叫夏利气者  
  
22  
00:00:45,360 --> 00:00:46,240  
呃，夏利呢  
  
23  
00:00:46,240 --> 00:00:47,800  
当然就是自夏利啊  
  
24  
00:00:47,920 --> 00:00:52,040  
这个是没什么问题的啊呃，加了一个气字  
  
25  
00:00:53,170 --> 00:00:54,170  
言下之意呢  
  
26  
00:00:54,170 --> 00:00:57,370  
那么古人啊，用字很言简意赅啊  
  
27  
00:00:57,410 --> 00:01:00,890  
言下之意就是他这个人拉肚拉肚的同时呢  
  
28  
00:01:01,490 --> 00:01:02,810  
不断的排气啊  
  
29  
00:01:02,890 --> 00:01:05,530  
就是俗话说我们可以这么讲  
  
30  
00:01:05,570 --> 00:01:08,940  
就是屁多食少啊  
  
31  
00:01:08,980 --> 00:01:11,500  
这个就是用白话了，对不对啊  
  
32  
00:01:12,020 --> 00:01:12,220  
哎  
  
33  
00:01:12,260 --> 00:01:16,500  
那么就是这个人在腹泻的时候  
  
34  
00:01:17,060 --> 00:01:18,700  
呃，见不着多少东西  
  
35  
00:01:19,500 --> 00:01:21,020  
实际上都是喘气儿  
  
36  
00:01:21,920 --> 00:01:23,000  
那这个病机呢  
  
37  
00:01:23,200 --> 00:01:25,120  
咱们怎么解释啊  
  
38  
00:01:26,410 --> 00:01:28,330  
你冷冰这么一看的话啊  
  
39  
00:01:28,450 --> 00:01:32,830  
貌似有点突兀啊  
  
40  
00:01:32,830 --> 00:01:33,710  
有点难懂  
  
41  
00:01:34,880 --> 00:01:37,880  
当然了，我们有一个传统的办法  
  
42  
00:01:37,880 --> 00:01:39,160  
就是所谓以方测证  
  
43  
00:01:39,240 --> 00:01:41,280  
是不是我们经常这么讲，以方测证  
  
44  
00:01:41,940 --> 00:01:43,220  
这人呢，虽然没方  
  
45  
00:01:43,220 --> 00:01:44,860  
但是他把治法给你拿出来了  
  
46  
00:01:44,860 --> 00:01:49,460  
他这么讲叫下利气者当怎么样呢  
  
47  
00:01:50,060 --> 00:01:53,220  
叫利其小便啊  
  
48  
00:01:53,300 --> 00:01:56,910  
那么说，既然这个人有这种特征  
  
49  
00:01:57,920 --> 00:01:59,680  
腹泻的时候不断的排气  
  
50  
00:02:00,160 --> 00:02:05,520  
那么在治疗的话就应该让他的小便通利啊  
  
51  
00:02:05,560 --> 00:02:08,530  
这是一个这么一个逻辑  
  
52  
00:02:10,120 --> 00:02:11,280  
后世注家呢  
  
53  
00:02:11,280 --> 00:02:13,240  
那么在谈到这一条的时候  
  
54  
00:02:13,360 --> 00:02:16,090  
基本上也都是一个观点啊  
  
55  
00:02:16,090 --> 00:02:19,890  
就认为膀胱气化不利啊  
  
56  
00:02:19,970 --> 00:02:21,210  
造成怎么样呢  
  
57  
00:02:21,210 --> 00:02:22,330  
这个水液呀  
  
58  
00:02:23,200 --> 00:02:25,040  
呃，那么清浊难分  
  
59  
00:02:25,640 --> 00:02:30,460  
那么就造成了这个夏利排气的这种现象  
  
60  
00:02:31,300 --> 00:02:32,140  
呃，当然了  
  
61  
00:02:32,340 --> 00:02:36,510  
实际上我们说伤寒金匮，乃至于瘟病啊  
  
62  
00:02:36,630 --> 00:02:39,870  
那么本身呢，它都是一体两端啊  
  
63  
00:02:40,610 --> 00:02:42,890  
本身伤寒有五，我们扩展的看  
  
64  
00:02:43,570 --> 00:02:44,610  
呃，后世呢  
  
65  
00:02:46,190 --> 00:02:47,590  
从这个伤寒论以后啊  
  
66  
00:02:47,590 --> 00:02:51,090  
不光是伤寒注家，温病很多东西跟它也是通的  
  
67  
00:02:51,450 --> 00:02:53,210  
比如说温病条辨之中无惧通  
  
68  
00:02:53,570 --> 00:02:57,080  
那么也会谈到这个，他说法不一样啊  
  
69  
00:02:57,160 --> 00:02:58,480  
但是都是一个事  
  
70  
00:02:58,680 --> 00:02:59,720  
就这种下利器  
  
71  
00:03:00,400 --> 00:03:02,890  
这个临床特征非常的，呃  
  
72  
00:03:02,970 --> 00:03:05,650  
可以说很典型的就这个人对吧  
  
73  
00:03:06,530 --> 00:03:07,890  
貌似是去厕所了  
  
74  
00:03:07,890 --> 00:03:08,890  
但是蹲了半天  
  
75  
00:03:08,890 --> 00:03:12,120  
蹲了半天之后说光是气，他没什么东西啊  
  
76  
00:03:12,160 --> 00:03:14,040  
这个很很有特征  
  
77  
00:03:14,440 --> 00:03:15,600  
吴巨通怎么解释呢  
  
78  
00:03:15,640 --> 00:03:17,280  
就是说非常简单  
  
79  
00:03:17,280 --> 00:03:18,560  
就是一个字啊  
  
80  
00:03:19,490 --> 00:03:20,770  
这个诗啊  
  
81  
00:03:24,040 --> 00:03:29,850  
这个出现这种夏利气啊  
  
82  
00:03:29,850 --> 00:03:32,210  
以这个气为特征的啊  
  
83  
00:03:32,290 --> 00:03:34,210  
那么温病无惧通温病条辨  
  
84  
00:03:35,730 --> 00:03:36,530  
给它归结  
  
85  
00:03:38,250 --> 00:03:40,770  
就是一个湿的问题啊  
  
86  
00:03:41,090 --> 00:03:42,090  
一个湿的问题  
  
87  
00:03:43,680 --> 00:03:47,680  
呃，因此你看如果是治疗师该怎么治  
  
88  
00:03:48,200 --> 00:03:49,920  
其实一样是不是啊  
  
89  
00:03:50,320 --> 00:03:54,360  
那么也是要把他的这个水道啊  
  
90  
00:03:54,360 --> 00:03:57,120  
这个水路要把它贯通啊  
  
91  
00:03:57,120 --> 00:03:58,040  
这是一回事  
  
92  
00:03:59,490 --> 00:04:00,650  
额，头两天呢  
  
93  
00:04:01,910 --> 00:04:04,030  
出了趟诊啊，一个朋友啊  
  
94  
00:04:04,190 --> 00:04:07,310  
求我帮着看一眼他这个老父亲啊  
  
95  
00:04:07,800 --> 00:04:11,040  
87岁新冠感染之后，因为他一开始吧  
  
96  
00:04:11,880 --> 00:04:14,410  
呃啧，也是没用  
  
97  
00:04:14,410 --> 00:04:16,410  
中医就是纯西药啊  
  
98  
00:04:16,490 --> 00:04:18,529  
辉瑞呢也也也用了  
  
99  
00:04:18,529 --> 00:04:20,200  
连用了五天，呃  
  
100  
00:04:20,240 --> 00:04:21,399  
后来这个老爷子呢  
  
101  
00:04:21,519 --> 00:04:24,770  
他就是愈加的严重啊  
  
102  
00:04:25,450 --> 00:04:27,050  
加上有心衰的问题  
  
103  
00:04:27,170 --> 00:04:28,730  
后来不得已啊  
  
104  
00:04:28,770 --> 00:04:31,130  
这个求到我这来，呃  
  
105  
00:04:31,970 --> 00:04:32,730  
看了一下脉  
  
106  
00:04:32,970 --> 00:04:37,010  
那么就典型的是这种这个湿瘀之象啊  
  
107  
00:04:37,010 --> 00:04:40,080  
整个呢，然后我跟他说几个事  
  
108  
00:04:40,080 --> 00:04:42,480  
因为他们这个一个家族啊  
  
109  
00:04:42,480 --> 00:04:45,300  
就是说老爷子，老爷子是这么一个人  
  
110  
00:04:45,460 --> 00:04:49,020  
但是他自己的治疗方案不是他一个人能定的啊  
  
111  
00:04:49,100 --> 00:04:50,380  
这个是比较有意思  
  
112  
00:04:50,640 --> 00:04:52,280  
很多家庭都是这样对吧  
  
113  
00:04:52,280 --> 00:04:55,220  
好几个孩子，那互相之间有争议  
  
114  
00:04:55,220 --> 00:04:56,100  
你说用中医  
  
115  
00:04:56,100 --> 00:04:57,540  
他说用西医，这时候打架  
  
116  
00:04:58,060 --> 00:05:02,270  
那我呢，就得跟他是讲讲这个东西来龙去脉啊  
  
117  
00:05:02,270 --> 00:05:02,750  
我就说了  
  
118  
00:05:02,750 --> 00:05:05,230  
这个老爷子现在没有食欲的，对吧  
  
119  
00:05:05,310 --> 00:05:06,390  
而且他大小便呢  
  
120  
00:05:06,390 --> 00:05:08,750  
都是不通的，几件事这么一点  
  
121  
00:05:08,830 --> 00:05:12,800  
而且我说他想喝水口渴，但是喝不下全中  
  
122  
00:05:12,920 --> 00:05:14,680  
这个时候一家人好了  
  
123  
00:05:15,120 --> 00:05:17,400  
中医看病就这个特点啊  
  
124  
00:05:17,480 --> 00:05:20,560  
中医看病患者是可以考大夫的啊  
  
125  
00:05:20,720 --> 00:05:24,930  
千万不要觉得患者一伸手考大夫就好像深仇大恨一样  
  
126  
00:05:24,930 --> 00:05:25,770  
不是那样的啊  
  
127  
00:05:25,770 --> 00:05:27,010  
只有中医是这样  
  
128  
00:05:27,550 --> 00:05:27,750  
嗯  
  
129  
00:05:28,230 --> 00:05:28,790  
对吧你  
  
130  
00:05:28,790 --> 00:05:29,470  
你有没有  
  
131  
00:05:29,550 --> 00:05:33,310  
有没有料，咱先试一下是不是啊  
  
132  
00:05:33,680 --> 00:05:34,240  
要真行  
  
133  
00:05:34,320 --> 00:05:36,880  
那我把把把命交给你，那是可以的  
  
134  
00:05:36,960 --> 00:05:38,320  
那无条件的服从啊  
  
135  
00:05:38,700 --> 00:05:40,660  
于是乎，就是这么一张房子下去了  
  
136  
00:05:40,980 --> 00:05:41,820  
下去之后呢  
  
137  
00:05:42,200 --> 00:05:43,920  
呃，也是这种造师  
  
138  
00:05:44,120 --> 00:05:45,360  
我们说化饮  
  
139  
00:05:45,400 --> 00:05:46,240  
而且我跟他讲  
  
140  
00:05:46,240 --> 00:05:48,990  
我说他只要他的水转起来啊  
  
141  
00:05:48,990 --> 00:05:50,310  
它的水循环起来  
  
142  
00:05:50,550 --> 00:05:52,630  
他这个问题就能解啊  
  
143  
00:05:52,670 --> 00:05:53,230  
果然呢  
  
144  
00:05:53,230 --> 00:05:55,110  
这个问题解了之后  
  
145  
00:05:56,070 --> 00:05:56,270  
呃  
  
146  
00:05:56,310 --> 00:05:59,670  
昨天晚上这个我，我跟他讲啊  
  
147  
00:05:59,670 --> 00:06:00,830  
我说你啊  
  
148  
00:06:00,830 --> 00:06:02,560  
他说喝完药之后呢  
  
149  
00:06:02,560 --> 00:06:03,520  
大小便增多了  
  
150  
00:06:03,520 --> 00:06:06,020  
我说下一步他会出痰啊  
  
151  
00:06:06,020 --> 00:06:07,940  
结果昨天晚上给我发信息  
  
152  
00:06:07,940 --> 00:06:09,700  
诶，说六点钟喝完药  
  
153  
00:06:09,700 --> 00:06:11,690  
07:30痰都涌上来了，啊  
  
154  
00:06:11,730 --> 00:06:12,450  
说，确实是  
  
155  
00:06:12,810 --> 00:06:16,790  
其实我们不能片面地只从一个大便  
  
156  
00:06:16,790 --> 00:06:18,270  
或者小便来看这个事  
  
157  
00:06:18,270 --> 00:06:20,030  
儿，我的意思是什么  
  
158  
00:06:20,300 --> 00:06:23,500  
他说的既是大便也是小便，也是痰  
  
159  
00:06:23,860 --> 00:06:27,300  
但他说的又不光是大便和小便  
  
160  
00:06:27,990 --> 00:06:30,230  
说的还是这个企划能明白了吧  
  
161  
00:06:30,430 --> 00:06:32,030  
或者你看似他是伤寒  
  
162  
00:06:32,450 --> 00:06:33,330  
你说他是外感  
  
163  
00:06:33,650 --> 00:06:34,490  
你说他是内伤  
  
164  
00:06:34,490 --> 00:06:35,610  
甚至你说他是瘟病  
  
165  
00:06:36,130 --> 00:06:38,490  
它既是他也不是啊  
  
166  
00:06:38,490 --> 00:06:42,550  
你要把背后的这个气化的道理把它捋清楚啊  
  
167  
00:06:42,590 --> 00:06:46,790  
用当年郑钦安老说的一句话就是气化二字为伤寒  
  
168  
00:06:46,830 --> 00:06:48,350  
一部书之真迹啊  
  
169  
00:06:48,350 --> 00:06:49,920  
这个大家要理解  
  
170  
00:06:50,280 --> 00:06:51,960  
因此仲仲景先师  
  
171  
00:06:51,960 --> 00:06:55,560  
你看他的治法，告诉你夏利气者怎么办  
  
172  
00:06:55,560 --> 00:06:57,610  
就是利小便啊  
  
173  
00:06:58,090 --> 00:07:00,770  
当年呢，叶天士先生也说过这么一句话  
  
174  
00:07:01,050 --> 00:07:03,330  
通阳不在温，没错吧  
  
175  
00:07:03,890 --> 00:07:05,930  
哎，大家都能接得上  
  
176  
00:07:07,080 --> 00:07:09,560  
那么这个就是一个他这么一个思路  
  
177  
00:07:09,560 --> 00:07:10,880  
我们接着往下看啊  
  
178  
00:07:11,120 --> 00:07:12,480  
原文第32条  
  
179  
00:07:14,040 --> 00:07:15,640  
呃，32条说了什么呢  
  
180  
00:07:16,560 --> 00:07:18,960  
所谓夏利你看啊，寸脉  
  
181  
00:07:19,560 --> 00:07:21,680  
哎，这个这个字有意思了吧  
  
182  
00:07:21,880 --> 00:07:22,720  
寸脉怎么了  
  
183  
00:07:24,600 --> 00:07:25,800  
怎么了反哎  
  
184  
00:07:26,360 --> 00:07:29,840  
他一出反就等于是告诉你这个咋回事  
  
185  
00:07:30,600 --> 00:07:32,920  
说明矛盾对不对啊  
  
186  
00:07:33,120 --> 00:07:34,440  
那啥和啥矛盾啊  
  
187  
00:07:34,440 --> 00:07:37,400  
你看前头那个夏利是一个正对不对啊  
  
188  
00:07:37,810 --> 00:07:38,530  
唉，对喽  
  
189  
00:07:38,810 --> 00:07:40,930  
后头寸脉反辐射  
  
190  
00:07:41,530 --> 00:07:45,170  
这个叫脉症，怎么不符他俩反了  
  
191  
00:07:45,610 --> 00:07:48,490  
那么则说明你看那个麦是个什么脉  
  
192  
00:07:48,810 --> 00:07:50,930  
浮数脉是阴脉还是阳脉  
  
193  
00:07:52,430 --> 00:07:52,910  
没错吧  
  
194  
00:07:52,990 --> 00:07:54,350  
凡脉大夫说诺华者  
  
195  
00:07:54,350 --> 00:07:55,470  
此名阳也，哎  
  
196  
00:07:55,990 --> 00:07:58,910  
然后那就说明这个证是个啥证啊  
  
197  
00:08:00,300 --> 00:08:02,140  
阴证他一定是个阴证啊  
  
198  
00:08:02,180 --> 00:08:02,700  
没错吧  
  
199  
00:08:03,140 --> 00:08:07,300  
哎，阴正现阳脉才能叫反啊  
  
200  
00:08:07,300 --> 00:08:10,140  
但是它说这个事是为了表达什么呢  
  
201  
00:08:10,140 --> 00:08:11,060  
咱们捋捋啊  
  
202  
00:08:11,140 --> 00:08:12,860  
你看他说了两步脉  
  
203  
00:08:13,220 --> 00:08:16,300  
第一寸脉是反复说的，他是一个阳脉  
  
204  
00:08:17,290 --> 00:08:18,490  
尺脉是啥样啊  
  
205  
00:08:19,520 --> 00:08:21,920  
人家说了人家用字很很精道  
  
206  
00:08:22,000 --> 00:08:23,960  
你看这个小册子很薄，但是很精道  
  
207  
00:08:24,280 --> 00:08:26,640  
人家叫齿终自色  
  
208  
00:08:26,800 --> 00:08:27,600  
自色什么意思  
  
209  
00:08:27,600 --> 00:08:29,650  
就是本就是这样啊  
  
210  
00:08:29,690 --> 00:08:31,090  
原本就是一个色相  
  
211  
00:08:31,410 --> 00:08:32,890  
那么色则代表什么  
  
212  
00:08:32,890 --> 00:08:33,929  
色代表虚啊  
  
213  
00:08:34,409 --> 00:08:38,799  
尤其在这，它有这种阴虚的含义啊  
  
214  
00:08:38,840 --> 00:08:41,159  
在伤寒论中也是这样，是不是啊  
  
215  
00:08:41,559 --> 00:08:41,840  
哎  
  
216  
00:08:42,980 --> 00:08:46,660  
脉沉而涩，我们说他这个本身就是营阴血液  
  
217  
00:08:46,780 --> 00:08:47,900  
阴液它就不足  
  
218  
00:08:48,930 --> 00:08:49,650  
那么你想想  
  
219  
00:08:50,250 --> 00:08:54,170  
寸脉浮浮朔代表了阳气的浮盛  
  
220  
00:08:55,550 --> 00:08:56,830  
呃，尺脉呢  
  
221  
00:08:57,390 --> 00:09:01,280  
这种自色则代表了阴液的速亏啊  
  
222  
00:09:01,280 --> 00:09:05,080  
因此说两者之间就完全是一个什么状态呢  
  
223  
00:09:05,080 --> 00:09:08,080  
矛盾状态，这种矛盾状态会造成一个问题啊  
  
224  
00:09:08,160 --> 00:09:09,400  
如果是火热内盛  
  
225  
00:09:09,980 --> 00:09:11,100  
那么阴液再虚  
  
226  
00:09:11,260 --> 00:09:15,300  
就好像我们说在家做饭，火开特别大  
  
227  
00:09:15,340 --> 00:09:16,300  
锅里还没水  
  
228  
00:09:17,130 --> 00:09:21,180  
那你说下一步，那就就肯定要出问题烧干锅了吧  
  
229  
00:09:21,540 --> 00:09:24,820  
这个时候就一定会我们这个这个火呀  
  
230  
00:09:24,820 --> 00:09:27,420  
一定会伤这个阴落  
  
231  
00:09:27,950 --> 00:09:31,710  
商音落之后，于是乎就闭青  
  
232  
00:09:32,350 --> 00:09:33,950  
脓血就这么来的  
  
233  
00:09:34,390 --> 00:09:36,190  
青指的就是夏利的意思  
  
234  
00:09:36,590 --> 00:09:38,470  
就会拉下脓脓，脓血便  
  
235  
00:09:39,110 --> 00:09:40,310  
这个脓血便怎么来的  
  
236  
00:09:40,310 --> 00:09:44,110  
就是火热之邪破着了，营血啊  
  
237  
00:09:44,600 --> 00:09:47,440  
化腐成脓，我们说热盛则肉腐  
  
238  
00:09:47,480 --> 00:09:49,120  
肉腐则为农啊  
  
239  
00:09:49,680 --> 00:09:53,120  
这个内经理论在这是是如响如应啊  
  
240  
00:09:54,850 --> 00:09:55,050  
呃  
  
241  
00:09:55,130 --> 00:09:59,170  
接着往下原文第33条这一段啊  
  
242  
00:09:59,290 --> 00:10:03,190  
集中都是在论述这个夏利的种种形状  
  
243  
00:10:03,670 --> 00:10:07,630  
符合了我们这一张呕吐与夏利的宗旨啊  
  
244  
00:10:07,630 --> 00:10:13,680  
这块也是讲第33说下利清谷不可攻表啊  
  
245  
00:10:15,190 --> 00:10:17,580  
呃，宫表怎么样呢  
  
246  
00:10:17,580 --> 00:10:20,860  
就是他告诉你说汗出必涨满，为什么  
  
247  
00:10:20,860 --> 00:10:22,100  
这个很简单  
  
248  
00:10:22,100 --> 00:10:23,180  
你别把它想复杂  
  
249  
00:10:23,700 --> 00:10:27,130  
这个说的就是一个表里虚实的问题  
  
250  
00:10:27,720 --> 00:10:29,000  
表里虚实的问题  
  
251  
00:10:29,000 --> 00:10:33,920  
你看下利清谷那么体现出来他是一个表证还是里证啊  
  
252  
00:10:34,870 --> 00:10:37,190  
哎，这个我们也可以把八纲用在上面  
  
253  
00:10:37,190 --> 00:10:37,710  
是不是啊  
  
254  
00:10:37,950 --> 00:10:38,990  
他就是一个理证  
  
255  
00:10:39,310 --> 00:10:41,990  
那么这个理证现在是一个虚证还是一个实证呢  
  
256  
00:10:43,180 --> 00:10:43,820  
青骨啊  
  
257  
00:10:43,860 --> 00:10:46,360  
他肯定是阳虚，没错吧  
  
258  
00:10:46,760 --> 00:10:47,640  
阴寒啊  
  
259  
00:10:47,720 --> 00:10:51,160  
这个时候呃脾土呢，不得膨化  
  
260  
00:10:51,320 --> 00:10:54,790  
那么就造成了这个下利清谷吃什么拉什么  
  
261  
00:10:55,030 --> 00:10:57,230  
这个时候里头阳气已经虚了  
  
262  
00:10:57,230 --> 00:10:58,510  
你就不能怎么样啊  
  
263  
00:10:58,910 --> 00:11:00,830  
不能再用药去供表  
  
264  
00:11:01,200 --> 00:11:05,320  
这个我们之前在伤寒条文里面其实也是一个道理  
  
265  
00:11:05,850 --> 00:11:07,690  
论原文第29条还记得吧  
  
266  
00:11:08,170 --> 00:11:11,570  
伤寒脉浮自汗出小便数心烦微恶寒  
  
267  
00:11:12,790 --> 00:11:13,430  
哎，搅乱急  
  
268  
00:11:13,430 --> 00:11:15,430  
这个时候你就不能用硅脂汤  
  
269  
00:11:15,710 --> 00:11:18,350  
那反与桂枝汤供其表此物也没错吧  
  
270  
00:11:18,550 --> 00:11:19,270  
就一个道理  
  
271  
00:11:19,270 --> 00:11:21,230  
都是一个表里虚实的一个问题啊  
  
272  
00:11:22,210 --> 00:11:22,930  
呃，那么  
  
273  
00:11:24,700 --> 00:11:27,340  
汗出啊，告诉你汗出必胀满  
  
274  
00:11:27,460 --> 00:11:28,660  
胀满是代表啥  
  
275  
00:11:32,860 --> 00:11:34,020  
你看这个很简单  
  
276  
00:11:34,860 --> 00:11:36,940  
清气在下则生什么  
  
277  
00:11:37,940 --> 00:11:39,380  
孙泄，反之呢  
  
278  
00:11:40,030 --> 00:11:40,230  
哎  
  
279  
00:11:40,390 --> 00:11:42,150  
浊气在上，他必生辰胀  
  
280  
00:11:42,630 --> 00:11:46,190  
那么这个就是你在它里虚的时候  
  
281  
00:11:46,550 --> 00:11:48,790  
我们说把那点阳气都耗散了  
  
282  
00:11:49,350 --> 00:11:50,590  
清浊不能升降  
  
283  
00:11:52,940 --> 00:11:57,780  
脾虚气滞这个相当于如果要是还原到伤寒论的话  
  
284  
00:11:57,780 --> 00:12:00,220  
应该属于后破升降汤症  
  
285  
00:12:00,380 --> 00:12:01,260  
但是还不太够用  
  
286  
00:12:01,260 --> 00:12:02,060  
还得加胃啊  
  
287  
00:12:02,420 --> 00:12:04,260  
我们说这个临床之中，呃  
  
288  
00:12:05,080 --> 00:12:05,960  
伤寒的政治  
  
289  
00:12:06,040 --> 00:12:06,800  
金桂的政治  
  
290  
00:12:06,800 --> 00:12:10,080  
它实际上如果你用六经，就有传有变啊  
  
291  
00:12:10,080 --> 00:12:12,960  
这个里头他如果是误用啊  
  
292  
00:12:13,080 --> 00:12:14,880  
物质出现了偏差  
  
293  
00:12:15,080 --> 00:12:17,520  
你就得看实际情况  
  
294  
00:12:17,560 --> 00:12:18,920  
具体问题具体分析  
  
295  
00:12:19,560 --> 00:12:19,760  
呃  
  
296  
00:12:19,840 --> 00:12:24,360  
昨天早晨我处理了这么一个一个患者啊  
  
297  
00:12:24,400 --> 00:12:26,160  
就我的一个呃  
  
298  
00:12:27,260 --> 00:12:28,620  
算是学生吧  
  
299  
00:12:28,620 --> 00:12:30,380  
这个到诊室来过几回啊  
  
300  
00:12:30,380 --> 00:12:30,860  
跟过诊  
  
301  
00:12:31,460 --> 00:12:31,660  
呃  
  
302  
00:12:31,820 --> 00:12:34,560  
他父亲呢，得了这个白血病  
  
303  
00:12:34,920 --> 00:12:36,920  
白血病之后，后来家里头决定呢  
  
304  
00:12:36,920 --> 00:12:38,080  
还是用纯中医治疗  
  
305  
00:12:38,600 --> 00:12:42,280  
到我这来了，这么大概三趟吧之后呢  
  
306  
00:12:42,780 --> 00:12:44,180  
呃，效果还不错  
  
307  
00:12:44,220 --> 00:12:47,700  
他那个各个血常规指标都升上来了啊  
  
308  
00:12:47,700 --> 00:12:48,820  
人状态也好了  
  
309  
00:12:49,320 --> 00:12:49,520  
呃  
  
310  
00:12:49,840 --> 00:12:51,080  
前天早晨呢  
  
311  
00:12:51,080 --> 00:12:52,440  
我开高速，对吧  
  
312  
00:12:52,440 --> 00:12:55,160  
我去咱们那个分院出诊啊  
  
313  
00:12:55,160 --> 00:12:59,010  
当时路上我就接着他一个短信啊  
  
314  
00:12:59,010 --> 00:13:01,210  
短信跟我说说他父亲，呃  
  
315  
00:13:01,810 --> 00:13:04,210  
这个二便失禁了啊  
  
316  
00:13:04,210 --> 00:13:06,410  
我说我一听就有事，儿啊  
  
317  
00:13:06,410 --> 00:13:07,370  
说前几天呢  
  
318  
00:13:07,410 --> 00:13:09,000  
发烧，发烧之后  
  
319  
00:13:09,480 --> 00:13:12,920  
这个家里包括他本人一合计说把头孢就给上了  
  
320  
00:13:13,560 --> 00:13:14,680  
我一听之后呢  
  
321  
00:13:14,720 --> 00:13:16,040  
如果是以前啊  
  
322  
00:13:17,000 --> 00:13:19,680  
呃，我肯定会比较愤怒啊  
  
323  
00:13:19,800 --> 00:13:20,280  
为什么  
  
324  
00:13:20,280 --> 00:13:26,010  
因为这种事我会提前告知患者家属啊  
  
325  
00:13:26,090 --> 00:13:28,450  
那么肿瘤病也好，还是血液病也罢  
  
326  
00:13:28,450 --> 00:13:28,770  
对吧  
  
327  
00:13:29,130 --> 00:13:30,490  
它出现发热的时候  
  
328  
00:13:30,490 --> 00:13:34,920  
其实是一个我们说拖鞋外出的一个转机啊  
  
329  
00:13:34,920 --> 00:13:36,480  
一个很很重要的转机啊  
  
330  
00:13:37,040 --> 00:13:38,040  
胜败在此一举  
  
331  
00:13:38,320 --> 00:13:41,520  
你这个时候要坏我的大事，那我肯定不能干  
  
332  
00:13:41,520 --> 00:13:43,280  
我提前跟患者都得说好了吧  
  
333  
00:13:43,740 --> 00:13:46,020  
我认为跟过我的诊他应该懂啊  
  
334  
00:13:46,100 --> 00:13:46,580  
那怎么  
  
335  
00:13:46,860 --> 00:13:48,740  
然后我说，那你怎么之前不找我呀  
  
336  
00:13:49,100 --> 00:13:51,970  
他说之前老师怕给你添麻烦啊  
  
337  
00:13:52,010 --> 00:13:52,570  
我说，行  
  
338  
00:13:52,930 --> 00:13:53,930  
我说这花瓶啊  
  
339  
00:13:54,050 --> 00:13:56,780  
它要倒，你让我扶一下的时候  
  
340  
00:13:56,780 --> 00:13:59,700  
你你你你怕麻烦，我摔碎了你  
  
341  
00:13:59,700 --> 00:14:00,820  
你让我给你拼上  
  
342  
00:14:01,220 --> 00:14:02,420  
我，我心里这么想  
  
343  
00:14:02,420 --> 00:14:03,140  
但我没说  
  
344  
00:14:03,720 --> 00:14:04,520  
呃，我呢  
  
345  
00:14:04,600 --> 00:14:05,200  
相反呢  
  
346  
00:14:05,240 --> 00:14:07,720  
这个非常的就是  
  
347  
00:14:09,400 --> 00:14:10,080  
头一次啊  
  
348  
00:14:10,160 --> 00:14:11,360  
心情特别平静  
  
349  
00:14:11,400 --> 00:14:12,760  
因为以前肯定会很愤怒  
  
350  
00:14:13,160 --> 00:14:15,840  
可能也是突突然间特别平静  
  
351  
00:14:16,360 --> 00:14:18,200  
我就很平淡的回了一句话  
  
352  
00:14:18,200 --> 00:14:19,200  
我说我没办法  
  
353  
00:14:20,430 --> 00:14:21,390  
学生当时就懵了  
  
354  
00:14:21,390 --> 00:14:22,230  
说老师对不起  
  
355  
00:14:22,470 --> 00:14:24,870  
我，说不是这个事你理解错了  
  
356  
00:14:25,350 --> 00:14:26,670  
不是谁给谁道歉的事  
  
357  
00:14:26,670 --> 00:14:27,910  
我真是没招  
  
358  
00:14:28,290 --> 00:14:29,650  
你看我给你辆车  
  
359  
00:14:29,650 --> 00:14:31,850  
我告诉你，他加油得加95号的  
  
360  
00:14:32,290 --> 00:14:34,340  
你非得往里加墨水啊  
  
361  
00:14:34,380 --> 00:14:37,660  
然后一一打着火之后冒烟，然后走不了了  
  
362  
00:14:37,660 --> 00:14:38,340  
你问我咋办  
  
363  
00:14:38,340 --> 00:14:39,420  
我不知道啊  
  
364  
00:14:40,250 --> 00:14:41,010  
明白啥意思吧  
  
365  
00:14:41,010 --> 00:14:43,610  
这个就是我说的都是很实在的东西  
  
366  
00:14:44,210 --> 00:14:45,170  
很实在的东西  
  
367  
00:14:45,170 --> 00:14:47,290  
这是我们临床中常常会面对的  
  
368  
00:14:47,450 --> 00:14:51,650  
就是你正常的传，我知道咋传变呢  
  
369  
00:14:52,240 --> 00:14:57,120  
那你说我知道你咋给他咋弄啊，对吧你  
  
370  
00:14:58,300 --> 00:14:59,060  
你这么一弄  
  
371  
00:15:00,420 --> 00:15:02,390  
我也看不着卖啊  
  
372  
00:15:02,390 --> 00:15:03,270  
后来跟我一说  
  
373  
00:15:03,270 --> 00:15:05,870  
我还是吧，这个咱反正心慈面软啊  
  
374  
00:15:05,870 --> 00:15:06,790  
我说那这么办吧  
  
375  
00:15:07,390 --> 00:15:07,870  
试试吧  
  
376  
00:15:07,870 --> 00:15:09,070  
我不一定能行啊  
  
377  
00:15:09,700 --> 00:15:09,900  
呃  
  
378  
00:15:10,340 --> 00:15:11,820  
拍张照片吧，舌头啊  
  
379  
00:15:11,900 --> 00:15:14,260  
拍一张拍一张之后，好了  
  
380  
00:15:15,170 --> 00:15:16,330  
加了两味药啊  
  
381  
00:15:16,490 --> 00:15:19,250  
这个一个人参一个生地  
  
382  
00:15:19,410 --> 00:15:21,530  
但是光说这两味药对你们也没帮助  
  
383  
00:15:21,970 --> 00:15:25,740  
这个也得根据实际情况用，是不是啊  
  
384  
00:15:25,940 --> 00:15:28,260  
哎，加上之后第二天早晨给我发信息  
  
385  
00:15:28,540 --> 00:15:29,580  
昨天我上课  
  
386  
00:15:29,620 --> 00:15:33,240  
哎，说老师感谢哈哈哈  
  
387  
00:15:33,440 --> 00:15:34,800  
止住了，状态也好了  
  
388  
00:15:35,160 --> 00:15:37,740  
烧也退了啊，这个状态好了  
  
389  
00:15:38,100 --> 00:15:38,340  
呃  
  
390  
00:15:38,340 --> 00:15:43,630  
实际上这是我们说常和变传变传变变的这个过程之中  
  
391  
00:15:43,910 --> 00:15:47,160  
那么对方出啥招，有的时候你料不到啊  
  
392  
00:15:47,200 --> 00:15:48,200  
所以还得按仲景  
  
393  
00:15:48,200 --> 00:15:49,680  
先是说你得看脉证  
  
394  
00:15:49,720 --> 00:15:51,960  
你得把这个东西得看清楚了啊  
  
395  
00:15:52,120 --> 00:15:52,960  
看清楚了  
  
396  
00:15:55,450 --> 00:15:58,290  
所以第33条我直观的感觉  
  
397  
00:15:58,650 --> 00:16:00,330  
你要是一个常人腹胀满  
  
398  
00:16:00,730 --> 00:16:02,930  
那你说了我用个厚朴生姜汤行不行  
  
399  
00:16:02,970 --> 00:16:03,530  
行啊  
  
400  
00:16:03,850 --> 00:16:06,130  
但是同学们，我直观的感觉啊  
  
401  
00:16:07,070 --> 00:16:08,030  
就是从临床吧  
  
402  
00:16:08,430 --> 00:16:09,950  
就我现在看金匮要略  
  
403  
00:16:10,110 --> 00:16:11,390  
有的时候我看的不是书  
  
404  
00:16:11,390 --> 00:16:12,510  
我是临床  
  
405  
00:16:12,710 --> 00:16:14,810  
不就给你解释一下  
  
406  
00:16:15,050 --> 00:16:18,410  
就是咱做学问的时候你一开始你就是翻书对吧  
  
407  
00:16:18,410 --> 00:16:19,530  
金匮要略是本书  
  
408  
00:16:20,070 --> 00:16:21,750  
现在金匮要略对我来说呢  
  
409  
00:16:22,510 --> 00:16:24,190  
他就是个老师，是个人  
  
410  
00:16:25,270 --> 00:16:26,310  
或者他是一个  
  
411  
00:16:26,550 --> 00:16:29,520  
你说他是一个场景，还原也行  
  
412  
00:16:29,560 --> 00:16:32,250  
因为这个东西我们在临床天天看，是不是啊  
  
413  
00:16:32,410 --> 00:16:33,410  
天天都这东西  
  
414  
00:16:33,690 --> 00:16:36,530  
那这个人已经到下利清谷这个程度了  
  
415  
00:16:36,980 --> 00:16:38,980  
中焦已经虚到一定程度了  
  
416  
00:16:38,980 --> 00:16:40,500  
然后你再发汗  
  
417  
00:16:40,620 --> 00:16:45,310  
虽然伤寒论原文也是说发汗后腹胀满是吧Hope神像它  
  
418  
00:16:45,470 --> 00:16:49,270  
但是这种情况能不能直接用我告诉你啊  
  
419  
00:16:49,270 --> 00:16:50,430  
有的时候会有效  
  
420  
00:16:50,750 --> 00:16:51,870  
有的时候不一定好使  
  
421  
00:16:52,110 --> 00:16:53,870  
但你千万不能说你不好使  
  
422  
00:16:53,870 --> 00:16:55,110  
然后你就回头骂街啊  
  
423  
00:16:55,110 --> 00:16:56,630  
你说这玩意古方不能治今病  
  
424  
00:16:56,830 --> 00:16:57,910  
你看卖了吗  
  
425  
00:16:58,500 --> 00:17:01,020  
明白我的意思，没有他脉已经虚到那种程度  
  
426  
00:17:01,020 --> 00:17:02,580  
那你人参是不是得加量啊  
  
427  
00:17:02,580 --> 00:17:03,740  
我只是打一个比方  
  
428  
00:17:04,099 --> 00:17:06,339  
他如果不光是脾虚，它还肾也虚呢  
  
429  
00:17:06,760 --> 00:17:09,319  
所以古方能不能治菌性筋病必须能  
  
430  
00:17:09,560 --> 00:17:12,640  
但是你该变化得变化啊  
  
431  
00:17:12,680 --> 00:17:15,240  
这个就是一个基本的思维模式啊  
  
432  
00:17:15,880 --> 00:17:16,079  
好  
  
433  
00:17:16,160 --> 00:17:18,760  
我们接着往后捋啊  
  
434  
00:17:18,800 --> 00:17:19,640  
接着往后捋  
  
435  
00:17:21,130 --> 00:17:24,290  
呃，原文第34条啊  
  
436  
00:17:24,410 --> 00:17:25,690  
原文第34条  
  
437  
00:17:27,280 --> 00:17:31,160  
夏利你看这个也是夏利开头脉沉而驰  
  
438  
00:17:31,760 --> 00:17:34,520  
这个时候你看他是一个虚证还是一个实证啊  
  
439  
00:17:36,520 --> 00:17:38,080  
对，他是一个实证啊  
  
440  
00:17:38,080 --> 00:17:39,120  
不是说说错了  
  
441  
00:17:39,120 --> 00:17:40,040  
他是一个虚证啊  
  
442  
00:17:40,320 --> 00:17:41,800  
夏利脉陈氏，他是一个虚证  
  
443  
00:17:42,160 --> 00:17:45,570  
但是呢，你看旗人面烧翅  
  
444  
00:17:46,690 --> 00:17:48,210  
诶，这个是不是有点眼熟啊  
  
445  
00:17:49,660 --> 00:17:50,700  
伤寒里头有  
  
446  
00:17:50,940 --> 00:17:52,820  
我跟你讲这块好几个条文  
  
447  
00:17:52,820 --> 00:17:56,270  
在伤寒论之中，有重复有相似啊  
  
448  
00:17:56,270 --> 00:17:59,550  
有的说虽然他差一个字两个字，但基本差不多啊  
  
449  
00:17:59,750 --> 00:18:00,470  
大差不差  
  
450  
00:18:02,370 --> 00:18:05,530  
夏利清谷啊，夏利啊  
  
451  
00:18:06,950 --> 00:18:10,790  
脉沉而迟面烧赤，这个就是属于带阳症了啊  
  
452  
00:18:11,310 --> 00:18:14,110  
身有微热，下利清谷啊  
  
453  
00:18:15,190 --> 00:18:17,150  
你看里头是虚寒  
  
454  
00:18:17,230 --> 00:18:21,330  
是不是外头有这个有这个热啊  
  
455  
00:18:21,370 --> 00:18:22,250  
貌似有热  
  
456  
00:18:22,250 --> 00:18:23,370  
这热是假热啊  
  
457  
00:18:23,370 --> 00:18:25,850  
它不是真热B怎么样呢  
  
458  
00:18:26,010 --> 00:18:28,010  
欲冒汗出而解啊  
  
459  
00:18:28,290 --> 00:18:30,070  
这个条纹是，呃  
  
460  
00:18:30,310 --> 00:18:31,830  
是有一套逻辑的  
  
461  
00:18:32,230 --> 00:18:34,150  
我们说伤寒论厥阴篇呢  
  
462  
00:18:35,040 --> 00:18:39,240  
他就也涉及到这个所谓的阴盛格阳的这个夏利正  
  
463  
00:18:40,740 --> 00:18:40,940  
呃  
  
464  
00:18:41,220 --> 00:18:43,300  
包括少阴也有少阴通脉四逆汤，对吧  
  
465  
00:18:43,940 --> 00:18:45,620  
也有这种阴盛格阳的症  
  
466  
00:18:46,630 --> 00:18:50,910  
那么这个状态啊，它是一种什么状态呢  
  
467  
00:18:52,020 --> 00:18:54,660  
我也读了很多这个书著啊  
  
468  
00:18:54,700 --> 00:18:58,380  
其中我个人最为推崇的啊啊  
  
469  
00:18:59,200 --> 00:19:01,800  
民国一家苏世平先生啊  
  
470  
00:19:01,880 --> 00:19:03,400  
金匮要略原文真意  
  
471  
00:19:03,400 --> 00:19:06,520  
他中间有一个比喻我觉得极其恰当  
  
472  
00:19:06,940 --> 00:19:09,100  
他原话是大概是这么说的  
  
473  
00:19:09,420 --> 00:19:11,820  
叫阴阳寒热，如同冰炭  
  
474  
00:19:12,350 --> 00:19:13,590  
这个太妙了  
  
475  
00:19:13,590 --> 00:19:16,030  
这个就是把这个比喻把这个  
  
476  
00:19:17,600 --> 00:19:19,800  
韩庚韩庚之政，阴阳相隔之症啊  
  
477  
00:19:20,240 --> 00:19:21,000  
说的太妙了  
  
478  
00:19:21,240 --> 00:19:25,240  
冰和坦这个我们东北孩子你会比较直观吧  
  
479  
00:19:25,700 --> 00:19:29,020  
冰和炭你都见过，把他俩往一块搁是什么感觉  
  
480  
00:19:29,020 --> 00:19:30,220  
你说要把这冰化了  
  
481  
00:19:30,340 --> 00:19:32,140  
你直接用碳去化行不行  
  
482  
00:19:32,890 --> 00:19:35,950  
你直接把碳块放上，它没反应知道吗  
  
483  
00:19:36,510 --> 00:19:38,230  
哎，你得温一温是吧  
  
484  
00:19:38,230 --> 00:19:41,710  
1.1点来，那么如同冰炭的时候就有一个问题了  
  
485  
00:19:41,710 --> 00:19:43,350  
那个碳是特别热的啊  
  
486  
00:19:43,810 --> 00:19:44,410  
特别热的  
  
487  
00:19:44,690 --> 00:19:47,410  
那么阳气就是愈身于夏  
  
488  
00:19:48,540 --> 00:19:51,260  
他那阳气想往冰里头透怎么样呢  
  
489  
00:19:51,660 --> 00:19:53,180  
必先蓄势于上  
  
490  
00:19:54,050 --> 00:19:55,450  
反倒把那个热劲儿怎么样  
  
491  
00:19:55,450 --> 00:19:57,170  
同学们憋回去了，这你懂吧  
  
492  
00:19:58,130 --> 00:20:01,290  
这个探里的那个热想往冰里透透不进去  
  
493  
00:20:01,710 --> 00:20:03,750  
反而把碳就给憋回去了  
  
494  
00:20:03,990 --> 00:20:06,110  
那个热气憋回去了，憋回去什么体现  
  
495  
00:20:06,470 --> 00:20:07,150  
你看证啊  
  
496  
00:20:07,150 --> 00:20:08,190  
那个书里说了  
  
497  
00:20:09,640 --> 00:20:10,640  
故浴帽嘛  
  
498  
00:20:10,640 --> 00:20:12,280  
我们讲必浴帽嘛  
  
499  
00:20:12,480 --> 00:20:13,240  
浴帽是什么  
  
500  
00:20:13,240 --> 00:20:13,800  
头晕吗  
  
501  
00:20:14,520 --> 00:20:15,080  
是不是啊  
  
502  
00:20:15,680 --> 00:20:15,880  
哎  
  
503  
00:20:15,920 --> 00:20:17,520  
他是整个阳气上升  
  
504  
00:20:17,920 --> 00:20:19,560  
阳气上浴的一个状态  
  
505  
00:20:20,080 --> 00:20:20,800  
阳气上郁  
  
506  
00:20:21,200 --> 00:20:24,350  
然后玉足了之后  
  
507  
00:20:24,750 --> 00:20:26,890  
那么阴阳通达  
  
508  
00:20:27,130 --> 00:20:27,810  
阳加于阴  
  
509  
00:20:28,170 --> 00:20:30,290  
结果就出现了一个现象  
  
510  
00:20:30,290 --> 00:20:33,570  
叫汗出而解啊，到这汗出而解  
  
511  
00:20:33,770 --> 00:20:38,640  
那么这个还相对来说就是是相对来说是一个顺正  
  
512  
00:20:39,040 --> 00:20:39,880  
在这里头啊  
  
513  
00:20:40,240 --> 00:20:42,720  
汉卓尔姐相对来说是一个顺正，呃  
  
514  
00:20:43,000 --> 00:20:44,840  
但这个是有危相的啊  
  
515  
00:20:44,960 --> 00:20:47,440  
奇人必危觉  
  
516  
00:20:47,640 --> 00:20:49,280  
那么虽然说阳气通达了  
  
517  
00:20:49,520 --> 00:20:51,440  
但是由于阳气通之后他阳气少  
  
518  
00:20:51,960 --> 00:20:53,600  
所以手脚反而就怎么样啊  
  
519  
00:20:53,840 --> 00:20:55,160  
反而就凉啊  
  
520  
00:20:55,790 --> 00:20:57,070  
必危绝所以然者  
  
521  
00:20:57,730 --> 00:20:58,410  
那为啥呢  
  
522  
00:20:58,570 --> 00:20:59,370  
为啥这样呢  
  
523  
00:20:59,930 --> 00:21:01,930  
其面带阳下虚，故也  
  
524  
00:21:02,170 --> 00:21:03,930  
代阳二字由此而出  
  
525  
00:21:04,410 --> 00:21:06,530  
伤寒金匮，本通易理啊  
  
526  
00:21:06,650 --> 00:21:07,810  
那么都是从这来的  
  
527  
00:21:08,700 --> 00:21:10,580  
告诉你说因为是太阳症  
  
528  
00:21:10,780 --> 00:21:13,180  
所以下缘它必须是什么样的  
  
529  
00:21:13,180 --> 00:21:14,300  
它是亏虚的啊  
  
530  
00:21:14,300 --> 00:21:16,380  
这个给你就捋的很清楚了  
  
531  
00:21:17,910 --> 00:21:23,110  
原文第35我们接着往后看啊呃夏立后  
  
532  
00:21:24,070 --> 00:21:24,990  
这个叫麦绝  
  
533  
00:21:26,770 --> 00:21:28,610  
就是拉完肚子之后啊  
  
534  
00:21:28,690 --> 00:21:31,250  
这个我们讲就没卖了，是不是啊  
  
535  
00:21:31,570 --> 00:21:31,770  
哎  
  
536  
00:21:31,770 --> 00:21:32,960  
没卖了，呃  
  
537  
00:21:33,000 --> 00:21:35,200  
这个在临证之中是一个死证啊  
  
538  
00:21:35,320 --> 00:21:36,600  
临证之中是一个死证  
  
539  
00:21:37,660 --> 00:21:42,140  
手足厥冷，后头说了一个词叫醉时脉缓  
  
540  
00:21:42,260 --> 00:21:42,740  
同学们  
  
541  
00:21:43,660 --> 00:21:45,900  
醉时是多长时间啊  
  
542  
00:21:47,480 --> 00:21:47,680  
哎  
  
543  
00:21:47,800 --> 00:21:50,880  
这个呢，就是客观的讲啊  
  
544  
00:21:51,000 --> 00:21:53,000  
说文里面有有解释  
  
545  
00:21:53,840 --> 00:21:55,760  
叫罪是什么意思啊  
  
546  
00:21:58,980 --> 00:22:03,540  
说文里面有解释最  
  
547  
00:22:12,260 --> 00:22:13,100  
周年也  
  
548  
00:22:14,340 --> 00:22:14,540  
哎  
  
549  
00:22:14,540 --> 00:22:17,360  
但这个东西咱们就得辩证的看了  
  
550  
00:22:17,360 --> 00:22:19,760  
那你不可能说一周年是一年吧  
  
551  
00:22:20,160 --> 00:22:22,390  
你不可能说说这个没有卖了  
  
552  
00:22:22,390 --> 00:22:23,630  
然后过一年有了啊  
  
553  
00:22:23,710 --> 00:22:24,710  
他不是那个概念  
  
554  
00:22:25,150 --> 00:22:27,670  
这儿用的呢，就叫一周时就是一圈  
  
555  
00:22:28,030 --> 00:22:29,270  
啥是一圈就一天  
  
556  
00:22:30,240 --> 00:22:31,600  
就一天的时间啊  
  
557  
00:22:31,600 --> 00:22:33,240  
他那个麦来了  
  
558  
00:22:33,760 --> 00:22:34,680  
那为什么呢  
  
559  
00:22:35,640 --> 00:22:37,520  
我们说这个灵枢卫气啊  
  
560  
00:22:37,520 --> 00:22:38,600  
中间有那么一句话  
  
561  
00:22:39,330 --> 00:22:40,610  
胃气呢，之行  
  
562  
00:22:40,970 --> 00:22:41,650  
一日一夜  
  
563  
00:22:41,890 --> 00:22:43,930  
午时周于身啊  
  
564  
00:22:44,010 --> 00:22:45,730  
昼日行于阳25周  
  
565  
00:22:46,370 --> 00:22:49,590  
夜行于阴25周，周瑜五脏  
  
566  
00:22:50,390 --> 00:22:53,790  
那么整个呢，在人体身身上转啊  
  
567  
00:22:54,310 --> 00:22:54,590  
呃  
  
568  
00:22:55,870 --> 00:22:58,030  
这么转到早晨的时候  
  
569  
00:22:58,070 --> 00:22:59,910  
邵阳生发之气一起来  
  
570  
00:23:01,130 --> 00:23:02,650  
早晨日出为平淡  
  
571  
00:23:02,690 --> 00:23:04,810  
是不是借着这个生发之机  
  
572  
00:23:04,810 --> 00:23:07,130  
我们说胆主食一脏嘛啊  
  
573  
00:23:07,210 --> 00:23:09,650  
借着这个呃生发之机  
  
574  
00:23:10,190 --> 00:23:12,150  
他麦有可能一下能带起来  
  
575  
00:23:13,350 --> 00:23:14,110  
麦能回来  
  
576  
00:23:14,670 --> 00:23:15,790  
呃，过去呀  
  
577  
00:23:16,830 --> 00:23:19,670  
我师父沈先生是这么给我解释啊  
  
578  
00:23:19,790 --> 00:23:21,050  
讲这个，呃  
  
579  
00:23:21,090 --> 00:23:24,570  
就像是打比方华北地区抗战啊  
  
580  
00:23:24,570 --> 00:23:26,090  
有好多日本炮楼，对吧  
  
581  
00:23:26,490 --> 00:23:27,650  
到后期的时候呢  
  
582  
00:23:27,650 --> 00:23:28,730  
日本人节节败退  
  
583  
00:23:29,330 --> 00:23:31,220  
呃，咱们这边呢  
  
584  
00:23:31,220 --> 00:23:32,820  
占据开始转了上风  
  
585  
00:23:33,380 --> 00:23:38,110  
呃，那个时候一开始日军还是这个压制着中国军队  
  
586  
00:23:38,110 --> 00:23:42,590  
是不是直到有一天可能他那个武装啊，他力量也不够了  
  
587  
00:23:43,070 --> 00:23:43,350  
哎  
  
588  
00:23:43,760 --> 00:23:48,640  
可能某个民间武装团体把一个炮楼砸掉一成功  
  
589  
00:23:48,760 --> 00:23:50,120  
周围这帮人一看  
  
590  
00:23:50,120 --> 00:23:50,720  
诶，行啊  
  
591  
00:23:50,960 --> 00:23:51,760  
我们也上吧  
  
592  
00:23:52,000 --> 00:23:54,520  
一下就什么意思，带起来了啊  
  
593  
00:23:54,640 --> 00:23:55,560  
一下就带起来了  
  
594  
00:23:55,560 --> 00:23:56,960  
这跟他讲的差不多  
  
595  
00:23:57,410 --> 00:24:00,890  
脉虽然是已经我们说一派阴寒纯阴之象，阳气不足  
  
596  
00:24:01,090 --> 00:24:03,610  
但是你过一周说还有没有转机  
  
597  
00:24:03,650 --> 00:24:05,530  
有啥时候看明天早晨  
  
598  
00:24:06,560 --> 00:24:09,200  
如果明天早上太阳一升起来的时候，明白吧  
  
599  
00:24:09,600 --> 00:24:09,800  
哎  
  
600  
00:24:10,160 --> 00:24:11,320  
这个你摸着脉，哎  
  
601  
00:24:11,320 --> 00:24:12,240  
有有点意思了  
  
602  
00:24:12,240 --> 00:24:13,440  
咱们药该用也用了  
  
603  
00:24:13,440 --> 00:24:15,250  
是不是江西法也到位了  
  
604  
00:24:15,370 --> 00:24:17,770  
这人有可能能活啊  
  
605  
00:24:18,620 --> 00:24:19,620  
反之我们看啊  
  
606  
00:24:20,340 --> 00:24:21,500  
这个说了  
  
607  
00:24:21,540 --> 00:24:25,460  
醉时脉缓手足温者生后头还有一句话叫脉不还者  
  
608  
00:24:25,460 --> 00:24:26,540  
死啊  
  
609  
00:24:26,580 --> 00:24:27,380  
大夫来了  
  
610  
00:24:27,380 --> 00:24:29,220  
早上起来一看，一大脉好  
  
611  
00:24:29,860 --> 00:24:32,130  
全无生机啊  
  
612  
00:24:32,330 --> 00:24:33,290  
全无生机之下  
  
613  
00:24:33,530 --> 00:24:37,850  
那就真的就是跟家属就讲了啊，料理后事了啊  
  
614  
00:24:37,930 --> 00:24:39,010  
真的就没办法了  
  
615  
00:24:39,010 --> 00:24:39,930  
无力回天啊  
  
616  
00:24:39,970 --> 00:24:40,650  
无力回天  
  
617  
00:24:42,880 --> 00:24:43,120  
好  
  
618  
00:24:44,320 --> 00:24:48,040  
那我们接着往后看原文，第36  
  
619  
00:24:49,520 --> 00:24:52,240  
还是说这个夏利这个条文很经典  
  
620  
00:24:52,320 --> 00:24:55,360  
在伤寒金匮中都是多次出现的啊  
  
621  
00:24:55,800 --> 00:24:56,320  
很经典  
  
622  
00:24:56,920 --> 00:24:57,920  
他讲这么一个事  
  
623  
00:24:58,500 --> 00:25:00,060  
夏利腹胀满，身体疼痛  
  
624  
00:25:00,900 --> 00:25:01,100  
呃  
  
625  
00:25:01,820 --> 00:25:05,600  
先温其理，乃攻其表啊  
  
626  
00:25:06,120 --> 00:25:07,560  
先闻其理，乃攻其表  
  
627  
00:25:07,880 --> 00:25:11,720  
你看往往啊，在三阳的时候先解表后宫里是不是  
  
628  
00:25:12,070 --> 00:25:13,150  
但是在三阴呢  
  
629  
00:25:13,150 --> 00:25:16,360  
虚寒状态的时候，你你先要温礼啊  
  
630  
00:25:16,360 --> 00:25:17,400  
先保这个五脏  
  
631  
00:25:17,440 --> 00:25:18,440  
先保人的命脉  
  
632  
00:25:18,920 --> 00:25:21,000  
然后再再解表邪啊  
  
633  
00:25:21,900 --> 00:25:22,220  
为啥  
  
634  
00:25:22,220 --> 00:25:23,260  
因为里头都虚了  
  
635  
00:25:23,300 --> 00:25:27,900  
你这个时候一解表又出现我们刚才这个原文，对吧  
  
636  
00:25:28,140 --> 00:25:28,420  
哎  
  
637  
00:25:28,840 --> 00:25:31,360  
第33条说的了，汗出逼张马了啊  
  
638  
00:25:32,120 --> 00:25:32,320  
嗯  
  
639  
00:25:32,560 --> 00:25:34,600  
所以这个时候呢，我们讲温礼用谁  
  
640  
00:25:34,600 --> 00:25:36,880  
温礼用四逆汤，公表呢  
  
641  
00:25:37,000 --> 00:25:38,280  
用桂枝汤啊  
  
642  
00:25:39,220 --> 00:25:40,900  
那么相应这个条文  
  
643  
00:25:40,900 --> 00:25:43,090  
我们四逆汤和桂枝汤啊  
  
644  
00:25:43,090 --> 00:25:44,210  
我们讲了很多次  
  
645  
00:25:44,730 --> 00:25:47,050  
这个呢就不给大家过多的赘述  
  
646  
00:25:47,090 --> 00:25:49,300  
在这只是带一下，呃  
  
647  
00:25:49,380 --> 00:25:49,980  
四逆汤呢  
  
648  
00:25:49,980 --> 00:25:52,500  
我们说土土啊，脾土虚衰  
  
649  
00:25:52,940 --> 00:25:54,580  
那么中焦不足  
  
650  
00:25:55,260 --> 00:25:57,420  
因此呢，出现了这个腹胀满的象  
  
651  
00:25:58,140 --> 00:26:01,620  
呃，那么由于在表之阳不足  
  
652  
00:26:02,580 --> 00:26:04,860  
那么则会出现身体疼痛之象  
  
653  
00:26:05,550 --> 00:26:07,830  
你看一个是腹胀满，一个身体痛  
  
654  
00:26:07,870 --> 00:26:09,630  
其实他讲的是表里之症  
  
655  
00:26:10,110 --> 00:26:12,470  
那么在里用四逆汤再表用谁啊  
  
656  
00:26:13,050 --> 00:26:13,690  
用quick汤  
  
657  
00:26:13,970 --> 00:26:15,490  
而且在辅行诀之中  
  
658  
00:26:16,530 --> 00:26:19,790  
四逆汤还有一个名字叫泻脾汤  
  
659  
00:26:20,910 --> 00:26:22,110  
那个讲泻脾啊  
  
660  
00:26:22,110 --> 00:26:23,230  
不是说泄的脾阳  
  
661  
00:26:23,270 --> 00:26:24,030  
也不是脾气  
  
662  
00:26:24,350 --> 00:26:25,510  
是脾中之邪  
  
663  
00:26:26,510 --> 00:26:26,750  
哎  
  
664  
00:26:26,750 --> 00:26:27,270  
痞重是邪  
  
665  
00:26:27,270 --> 00:26:28,150  
痞重有什么邪呀  
  
666  
00:26:29,350 --> 00:26:29,710  
对吧  
  
667  
00:26:29,750 --> 00:26:30,950  
我们说的这个问题吧  
  
668  
00:26:31,470 --> 00:26:32,110  
伤寒论原文  
  
669  
00:26:32,310 --> 00:26:33,670  
自利不渴者属太阴  
  
670  
00:26:33,670 --> 00:26:35,630  
以其脏有寒故也，当温之宜服  
  
671  
00:26:35,990 --> 00:26:38,150  
四逆背跟这严丝合缝  
  
672  
00:26:38,150 --> 00:26:39,230  
同学们一脉相承  
  
673  
00:26:39,510 --> 00:26:40,870  
人家叫四逆背啊  
  
674  
00:26:41,470 --> 00:26:41,990  
四逆肺  
  
675  
00:26:42,470 --> 00:26:44,830  
所以你别想到四逆汤，就就说就是少阴  
  
676  
00:26:44,830 --> 00:26:45,870  
就是补肾啊  
  
677  
00:26:45,870 --> 00:26:47,190  
或者是是通心阳  
  
678  
00:26:47,190 --> 00:26:47,910  
那不一定啊  
  
679  
00:26:48,100 --> 00:26:49,060  
我跟你讲，这不一定  
  
680  
00:26:49,300 --> 00:26:53,420  
很多时候我经常在临床拿四逆汤给人调脾湿  
  
681  
00:26:53,740 --> 00:26:54,780  
效果非常好啊  
  
682  
00:26:55,400 --> 00:26:56,160  
效果非常好  
  
683  
00:26:56,920 --> 00:26:57,120  
嗯  
  
684  
00:26:57,160 --> 00:26:58,160  
但用制附子吧  
  
685  
00:26:58,160 --> 00:27:00,000  
往往有的时候它体现不出来啊  
  
686  
00:27:00,400 --> 00:27:03,080  
这个相对来说生附子效果好啊  
  
687  
00:27:05,540 --> 00:27:05,980  
那么  
  
688  
00:27:08,000 --> 00:27:09,320  
攻表用桂枝汤  
  
689  
00:27:09,440 --> 00:27:09,960  
桂枝汤  
  
690  
00:27:10,200 --> 00:27:12,640  
咱们不厌其烦的，经常是给大家解释  
  
691  
00:27:12,960 --> 00:27:13,160  
呃  
  
692  
00:27:13,600 --> 00:27:15,120  
所谓桂枝甘草，辛甘化阳  
  
693  
00:27:15,120 --> 00:27:16,080  
芍药甘草呢  
  
694  
00:27:16,740 --> 00:27:18,020  
芍药本身酸苦对吧  
  
695  
00:27:18,380 --> 00:27:20,020  
呃，酸甘苦甘化阴  
  
696  
00:27:21,310 --> 00:27:24,270  
那么生姜配桂枝，大枣配芍药啊  
  
697  
00:27:25,490 --> 00:27:27,090  
这个阴阳平衡啊  
  
698  
00:27:27,290 --> 00:27:28,010  
阴阳平衡  
  
699  
00:27:28,570 --> 00:27:29,410  
这个时候呢  
  
700  
00:27:29,490 --> 00:27:33,050  
就像当年啊，呃  
  
701  
00:27:35,220 --> 00:27:37,220  
柯韵伯尤在敬那些老前辈啊  
  
702  
00:27:37,260 --> 00:27:38,420  
他们也这么解释过  
  
703  
00:27:38,420 --> 00:27:42,550  
日昌所谓这个攘外必先安内啊  
  
704  
00:27:43,030 --> 00:27:44,870  
那么桂枝汤很多时候  
  
705  
00:27:44,950 --> 00:27:47,750  
很多人认为桂枝汤它一定是攻表的  
  
706  
00:27:48,200 --> 00:27:48,920  
其实不一定  
  
707  
00:27:49,040 --> 00:27:50,320  
你从哪个角度看  
  
708  
00:27:50,700 --> 00:27:53,940  
你反过来说桂枝甘草辛甘化阳12甘草酸甘化阴，对吧  
  
709  
00:27:54,340 --> 00:27:56,940  
他是自己把自己的阴阳先平衡了  
  
710  
00:27:58,060 --> 00:27:59,620  
你说跟表有没有关系呢  
  
711  
00:27:59,620 --> 00:27:59,980  
也有  
  
712  
00:28:01,060 --> 00:28:03,630  
也没有哈，把自己先平衡了  
  
713  
00:28:03,710 --> 00:28:05,230  
它外头自然就好了  
  
714  
00:28:05,230 --> 00:28:06,630  
它跟麻黄汤不一样  
  
715  
00:28:07,110 --> 00:28:08,790  
麻黄必须得开表是不是  
  
716  
00:28:09,230 --> 00:28:09,430  
哎  
  
717  
00:28:09,590 --> 00:28:14,750  
所以这个我们从金贵的角度重新认识一下桂枝汤啊  
  
718  
00:28:14,830 --> 00:28:15,550  
点这么一下  
  
719  
00:28:16,550 --> 00:28:16,910  
好  
  
720  
00:28:18,290 --> 00:28:21,570  
接着往后看啊，原文第37条  
  
721  
00:28:24,040 --> 00:28:25,280  
呃，圆明37呢  
  
722  
00:28:26,840 --> 00:28:29,860  
说夏利三部脉皆平  
  
723  
00:28:30,020 --> 00:28:33,180  
这个就一下把很多人都咱们就给难倒了  
  
724  
00:28:33,730 --> 00:28:35,090  
呃，三步迈皆平  
  
725  
00:28:35,170 --> 00:28:36,290  
那这人没事啊  
  
726  
00:28:36,410 --> 00:28:37,330  
没事回家吧  
  
727  
00:28:37,330 --> 00:28:37,650  
是吧  
  
728  
00:28:38,330 --> 00:28:39,490  
呃则不然啊  
  
729  
00:28:39,610 --> 00:28:40,410  
其实则不然  
  
730  
00:28:40,910 --> 00:28:41,870  
呃，这个里头呢  
  
731  
00:28:42,390 --> 00:28:44,070  
他要说的是一个什么事啊  
  
732  
00:28:45,270 --> 00:28:49,410  
平脉之人能不能得病的事啊  
  
733  
00:28:49,690 --> 00:28:51,490  
这个是一个非常有意思的事吧  
  
734  
00:28:51,970 --> 00:28:54,610  
我们说之前讲过内经有  
  
735  
00:28:55,660 --> 00:28:56,460  
就是素问吧  
  
736  
00:28:57,020 --> 00:29:00,860  
两个经典的版本，你比如王冰本啊  
  
737  
00:29:01,500 --> 00:29:03,780  
当然还有全员齐本  
  
738  
00:29:04,020 --> 00:29:04,980  
全员齐本第一  
  
739  
00:29:04,980 --> 00:29:08,030  
第一篇他不是上古天真全元起  
  
740  
00:29:08,030 --> 00:29:09,430  
第一篇叫平人气象  
  
741  
00:29:10,460 --> 00:29:12,940  
平人气象，那就给你讲评人应该是什么脉  
  
742  
00:29:13,260 --> 00:29:15,780  
因此后来呢，有一个问题是有争议的啊  
  
743  
00:29:15,780 --> 00:29:18,420  
就是关于是否存在舍卖从政  
  
744  
00:29:18,460 --> 00:29:20,060  
所舍正从卖的这个问题啊  
  
745  
00:29:20,060 --> 00:29:20,740  
他是有争议  
  
746  
00:29:21,500 --> 00:29:24,850  
那么在这就说了一个事  
  
747  
00:29:24,850 --> 00:29:26,330  
叫三不卖皆平，麦皆平  
  
748  
00:29:26,490 --> 00:29:27,810  
那应该是好人呢是吧  
  
749  
00:29:27,810 --> 00:29:28,290  
没事啊  
  
750  
00:29:28,930 --> 00:29:31,290  
那没事就不写进来了  
  
751  
00:29:33,160 --> 00:29:34,400  
有人认为说，哎  
  
752  
00:29:34,400 --> 00:29:35,960  
这个应该是舍脉从政  
  
753  
00:29:36,400 --> 00:29:37,640  
我个人不这么看  
  
754  
00:29:38,550 --> 00:29:39,910  
我个人不这么看啊  
  
755  
00:29:40,430 --> 00:29:42,070  
为什么你你接着往下捋  
  
756  
00:29:42,950 --> 00:29:45,110  
后头说了暗之心下奸者  
  
757  
00:29:46,030 --> 00:29:46,230  
哎  
  
758  
00:29:46,350 --> 00:29:47,750  
心下就是胃晚，是不是啊  
  
759  
00:29:48,590 --> 00:29:52,200  
他其实暗之心下间说明患者自己也难受啊  
  
760  
00:29:52,240 --> 00:29:54,080  
他不是说就一个触诊  
  
761  
00:29:54,440 --> 00:29:55,960  
不是，这就就这么一个事  
  
762  
00:29:56,240 --> 00:29:56,960  
按之膝下监  
  
763  
00:29:57,200 --> 00:29:58,960  
所以叫急下之宜，大人其汤  
  
764  
00:29:59,950 --> 00:30:00,910  
呃，难经呢  
  
765  
00:30:00,910 --> 00:30:02,710  
第八难，中间说过一句话啊  
  
766  
00:30:02,990 --> 00:30:04,630  
寸口脉平而死者  
  
767  
00:30:05,110 --> 00:30:06,630  
生气独绝于内也  
  
768  
00:30:08,210 --> 00:30:08,610  
那么  
  
769  
00:30:10,120 --> 00:30:14,360  
包括我在门诊中一些亲临的一些现象  
  
770  
00:30:15,240 --> 00:30:15,520  
呃  
  
771  
00:30:17,200 --> 00:30:17,960  
比如说吧  
  
772  
00:30:18,240 --> 00:30:20,120  
咱是只是说比如啊  
  
773  
00:30:21,260 --> 00:30:23,140  
这个呃，过去呢  
  
774  
00:30:31,620 --> 00:30:32,780  
这个老先生啊  
  
775  
00:30:32,780 --> 00:30:35,500  
我印象之中有一位老中医  
  
776  
00:30:35,540 --> 00:30:36,940  
我跟他关系很好  
  
777  
00:30:37,480 --> 00:30:38,880  
后来他呀去世了  
  
778  
00:30:38,880 --> 00:30:39,880  
老中医去世了  
  
779  
00:30:40,400 --> 00:30:41,560  
去世了之后呢  
  
780  
00:30:42,360 --> 00:30:42,640  
呃  
  
781  
00:30:43,350 --> 00:30:46,230  
当时写这个扑告  
  
782  
00:30:47,070 --> 00:30:49,230  
我就有点耿耿于怀啊  
  
783  
00:30:49,230 --> 00:30:49,710  
为什么  
  
784  
00:30:50,200 --> 00:30:54,400  
呃，写老人家这个医治无效去世  
  
785  
00:30:54,400 --> 00:30:55,320  
其实他没病  
  
786  
00:30:56,190 --> 00:30:58,390  
他没得病，那哪来医治无效呢  
  
787  
00:30:58,430 --> 00:31:00,550  
你你你你懂吧，啊  
  
788  
00:31:00,630 --> 00:31:02,310  
但是一般写好像都那么写  
  
789  
00:31:03,630 --> 00:31:10,510  
有一种病叫就是人的那个元气就不够了啊  
  
790  
00:31:10,590 --> 00:31:12,790  
就是就像这电池，电池没毛病  
  
791  
00:31:12,790 --> 00:31:14,150  
它没电了啊  
  
792  
00:31:14,150 --> 00:31:16,190  
这，这个大家能明白吧啊  
  
793  
00:31:16,470 --> 00:31:17,630  
所以说这个时候呢  
  
794  
00:31:18,210 --> 00:31:20,370  
这个条纹很耐人寻味啊  
  
795  
00:31:20,370 --> 00:31:21,330  
非常耐人寻味  
  
796  
00:31:21,690 --> 00:31:23,570  
他讲脉平，脉平这呢  
  
797  
00:31:24,180 --> 00:31:26,820  
他当然我不不认为他是生气杜绝  
  
798  
00:31:26,940 --> 00:31:27,980  
我认为他不是没有  
  
799  
00:31:28,380 --> 00:31:30,180  
而是什么有的时候人啊  
  
800  
00:31:30,180 --> 00:31:32,260  
因为这个我在门诊上见的比较多  
  
801  
00:31:32,930 --> 00:31:33,130  
呃  
  
802  
00:31:33,610 --> 00:31:36,770  
咱门诊因为相应有站位的患者会居多是不是啊  
  
803  
00:31:36,930 --> 00:31:40,150  
这种情况你会发现有很多人，他长了一个病  
  
804  
00:31:40,310 --> 00:31:41,430  
他可能有一个站位  
  
805  
00:31:41,430 --> 00:31:44,270  
但是他跟这个东西已经形成一个什么呢  
  
806  
00:31:44,270 --> 00:31:48,030  
动态平衡了就是有的人啊  
  
807  
00:31:48,270 --> 00:31:51,830  
有些病他他习惯了，习惯了之后吧  
  
808  
00:31:53,080 --> 00:31:55,400  
但是他跟这个病真的是平衡了  
  
809  
00:31:55,600 --> 00:31:57,640  
所以我们说常和变  
  
810  
00:31:57,760 --> 00:32:01,650  
他俩有很多时候真的是这个有一个相对性是不是啊  
  
811  
00:32:01,930 --> 00:32:02,130  
哎  
  
812  
00:32:02,210 --> 00:32:07,710  
常和变很多时候它确实二者之间存在一个相对性啊  
  
813  
00:32:07,710 --> 00:32:10,510  
这个就就非常有意思，很耐人寻味啊  
  
814  
00:32:10,870 --> 00:32:11,790  
很耐人寻味  
  
815  
00:32:13,320 --> 00:32:16,350  
那么这儿呢  
  
816  
00:32:16,350 --> 00:32:19,310  
就是给大家呃说了一下啊  
  
817  
00:32:21,180 --> 00:32:21,940  
这种情况  
  
818  
00:32:31,840 --> 00:32:37,400  
貌似是看着是这个平脉  
  
819  
00:32:39,530 --> 00:32:41,930  
但是此刻心下间  
  
820  
00:32:42,290 --> 00:32:47,260  
你依然是可以单独针对这个用药承气汤  
  
821  
00:32:47,340 --> 00:32:49,380  
是不是哎，程其堂  
  
822  
00:32:51,570 --> 00:32:51,770  
好  
  
823  
00:32:51,850 --> 00:32:55,850  
我们接着往下捋原文，第38  
  
824  
00:33:04,060 --> 00:33:07,220  
夏利脉滑而驰者啊  
  
825  
00:33:07,580 --> 00:33:09,300  
夏利卖华而驰者  
  
826  
00:33:13,180 --> 00:33:14,940  
嗯迟华口误说反了啊  
  
827  
00:33:14,940 --> 00:33:17,580  
哈额时也啊  
  
828  
00:33:20,360 --> 00:33:21,120  
什么意思啊  
  
829  
00:33:21,680 --> 00:33:22,440  
脉迟而华  
  
830  
00:33:23,950 --> 00:33:27,750  
呃，实际上我们之前傅满韩善那篇啊  
  
831  
00:33:27,750 --> 00:33:29,230  
中间也有这么一句话  
  
832  
00:33:30,570 --> 00:33:31,210  
差一个字  
  
833  
00:33:31,290 --> 00:33:33,610  
人家说的是脉数而滑者，失也  
  
834  
00:33:33,610 --> 00:33:34,970  
此有素食夏之欲  
  
835  
00:33:36,080 --> 00:33:38,640  
那么这咱们怎么理解啊  
  
836  
00:33:38,640 --> 00:33:41,240  
你看立未遇指及下肢  
  
837  
00:33:42,360 --> 00:33:44,990  
从治疗层面来看  
  
838  
00:33:46,180 --> 00:33:47,140  
跟上一条啊  
  
839  
00:33:47,220 --> 00:33:48,620  
其实二者如出一辙  
  
840  
00:33:48,660 --> 00:33:51,490  
他都是里头有食邪，有瘀滞  
  
841  
00:33:51,570 --> 00:33:54,450  
一般有啥，一般我们就说有素食素食  
  
842  
00:33:54,450 --> 00:33:56,490  
当然我们说它也包含什么啊  
  
843  
00:33:56,530 --> 00:33:57,910  
燥湿啊  
  
844  
00:33:57,950 --> 00:34:00,350  
很多时候他是这个素食，造屎下不去  
  
845  
00:34:01,270 --> 00:34:02,390  
就这回事啊  
  
846  
00:34:06,160 --> 00:34:09,320  
往下原文第39  
  
847  
00:34:12,080 --> 00:34:15,560  
夏利卖反华，当有所去  
  
848  
00:34:16,880 --> 00:34:17,480  
夏乃遇  
  
849  
00:34:21,620 --> 00:34:23,340  
这个呢，讲的是啥啊  
  
850  
00:34:25,900 --> 00:34:26,900  
又说了一个反字  
  
851  
00:34:27,100 --> 00:34:29,659  
有反字就是什么问题  
  
852  
00:34:31,139 --> 00:34:31,540  
对  
  
853  
00:34:32,100 --> 00:34:32,860  
这就是技巧  
  
854  
00:34:34,060 --> 00:34:36,460  
夏利是明显是一个虚证  
  
855  
00:34:37,710 --> 00:34:39,230  
反华华为实贤啊  
  
856  
00:34:39,230 --> 00:34:41,670  
我们这个卖华骨气石对不对啊  
  
857  
00:34:41,790 --> 00:34:42,510  
华者食也  
  
858  
00:34:42,510 --> 00:34:44,940  
这个肯定是一个失血  
  
859  
00:34:45,659 --> 00:34:46,980  
因此说这咋办  
  
860  
00:34:47,380 --> 00:34:50,340  
叫当有所趋下，乃欲以大乘其汤  
  
861  
00:34:51,030 --> 00:34:52,389  
这个39条啊  
  
862  
00:34:52,429 --> 00:34:55,070  
冷不丁一打眼儿特别像我干的事啊  
  
863  
00:34:55,150 --> 00:34:56,790  
我在门诊经常干这个事  
  
864  
00:34:57,030 --> 00:34:58,550  
患者一看虚像虚证  
  
865  
00:34:58,590 --> 00:34:59,630  
对吧，啊  
  
866  
00:34:59,630 --> 00:35:02,800  
或者是明显是有夏利等等  
  
867  
00:35:03,720 --> 00:35:05,160  
在我们这我经常这么干  
  
868  
00:35:05,160 --> 00:35:05,880  
一打手，诶  
  
869  
00:35:06,520 --> 00:35:07,160  
哪虚啊  
  
870  
00:35:08,080 --> 00:35:09,360  
接着拉，呵呵  
  
871  
00:35:09,780 --> 00:35:10,740  
但你靠什么  
  
872  
00:35:10,740 --> 00:35:12,020  
不是靠盲目自信  
  
873  
00:35:12,100 --> 00:35:14,380  
或者是你想当然靠卖相  
  
874  
00:35:15,060 --> 00:35:17,930  
你脉一搭，薄直有力啊  
  
875  
00:35:18,010 --> 00:35:19,370  
脉是一个充盛之象  
  
876  
00:35:19,370 --> 00:35:20,490  
它里头血很实  
  
877  
00:35:20,890 --> 00:35:22,650  
那你就是得是得公母  
  
878  
00:35:22,650 --> 00:35:24,210  
你不要考虑这个  
  
879  
00:35:24,210 --> 00:35:26,290  
所以所谓的舍卖从政，舍政从拜  
  
880  
00:35:26,890 --> 00:35:27,170  
呃  
  
881  
00:35:28,580 --> 00:35:31,220  
其实哪有舍脉从政啊  
  
882  
00:35:31,660 --> 00:35:33,260  
只有麦还没看明白  
  
883  
00:35:34,240 --> 00:35:34,440  
哦  
  
884  
00:35:35,040 --> 00:35:36,440  
只有麦还没看明白  
  
885  
00:35:37,900 --> 00:35:39,020  
包括我本人在内啊  
  
886  
00:35:39,020 --> 00:35:40,660  
很多时候我也看不懂，哎  
  
887  
00:35:41,260 --> 00:35:42,980  
一搭手不对呀  
  
888  
00:35:42,980 --> 00:35:45,700  
但我还知道肯定是我自己没看明白  
  
889  
00:35:46,700 --> 00:35:46,940  
啊  
  
890  
00:35:47,060 --> 00:35:48,660  
肯定是我自己没看明白  
  
891  
00:35:50,350 --> 00:35:52,230  
脉的层次维度  
  
892  
00:35:52,550 --> 00:35:57,090  
包括我们的角度，乃至于我们自己的传承啊  
  
893  
00:35:57,090 --> 00:36:00,730  
我们的学习达没达到那个点啊  
  
894  
00:36:01,560 --> 00:36:02,440  
就是你看不见  
  
895  
00:36:02,440 --> 00:36:04,710  
你不能，不能就是就是  
  
896  
00:36:04,710 --> 00:36:06,310  
说白了就说没有  
  
897  
00:36:06,310 --> 00:36:08,990  
有时候可能是望远镜的事啊，一回事  
  
898  
00:36:09,390 --> 00:36:11,230  
所以在医理之上啊  
  
899  
00:36:11,230 --> 00:36:14,570  
真的是，我这可能说的有点过啊  
  
900  
00:36:14,570 --> 00:36:15,450  
没有穷尽  
  
901  
00:36:15,570 --> 00:36:21,610  
而且真正中医的一个试金石一定是色脉之诊啊  
  
902  
00:36:21,810 --> 00:36:25,210  
根据内经之中的记载，一定是色脉之诊  
  
903  
00:36:25,490 --> 00:36:28,210  
这个东西你不丢中医就不绝啊  
  
904  
00:36:29,580 --> 00:36:29,860  
好  
  
905  
00:36:31,100 --> 00:36:31,860  
后面呢  
  
906  
00:36:32,420 --> 00:36:34,300  
那么就当然是得攻下了啊  
  
907  
00:36:34,700 --> 00:36:36,860  
不多说了，40条  
  
908  
00:36:40,320 --> 00:36:43,800  
原文40条啊，那么40条讲了什么  
  
909  
00:36:45,220 --> 00:36:52,680  
所谓这个夏利以钗啊  
  
910  
00:36:52,760 --> 00:36:56,040  
好了好了之后，结果怎么样了呢  
  
911  
00:36:57,370 --> 00:37:00,770  
致其年月日时复发  
  
912  
00:37:05,100 --> 00:37:07,580  
这个里头就有说法了  
  
913  
00:37:07,620 --> 00:37:08,220  
古人啊  
  
914  
00:37:08,620 --> 00:37:11,390  
他不像我们，今天他写书啊  
  
915  
00:37:11,390 --> 00:37:12,310  
字越多越好  
  
916  
00:37:12,790 --> 00:37:13,150  
古人  
  
917  
00:37:13,150 --> 00:37:15,430  
不是古人，写几个字挺不容易的  
  
918  
00:37:16,450 --> 00:37:17,770  
任何一个字没有废字  
  
919  
00:37:17,890 --> 00:37:19,330  
年月日时  
  
920  
00:37:20,330 --> 00:37:23,050  
同学们，这个就是古代的这个数理体系  
  
921  
00:37:23,490 --> 00:37:25,290  
在医学里面他是有参与的  
  
922  
00:37:25,850 --> 00:37:27,090  
他绝对是有参与的  
  
923  
00:37:28,050 --> 00:37:28,530  
复发  
  
924  
00:37:29,650 --> 00:37:29,850  
呃  
  
925  
00:37:30,650 --> 00:37:33,190  
就是前天的事吧  
  
926  
00:37:33,270 --> 00:37:34,750  
我记得咱们在门诊啊  
  
927  
00:37:35,150 --> 00:37:38,270  
还是大前天看了一个患者  
  
928  
00:37:39,980 --> 00:37:42,180  
呃，周一就是在烧锅分院啊  
  
929  
00:37:42,340 --> 00:37:45,380  
看了一个患者从外省来的一个女患  
  
930  
00:37:46,110 --> 00:37:47,310  
当时我一大麦呢  
  
931  
00:37:47,310 --> 00:37:49,430  
我跟他说，我说你腹腔之中啊  
  
932  
00:37:50,310 --> 00:37:52,870  
有这个瘀滞，有邪瘀  
  
933  
00:37:53,270 --> 00:37:53,430  
哎  
  
934  
00:37:53,430 --> 00:37:55,390  
他说确实我自己能感觉出来  
  
935  
00:37:55,390 --> 00:37:56,590  
他说最近瘦了，瘦了  
  
936  
00:37:56,590 --> 00:37:59,670  
他自己一翻身，他都能摸着腹部里头有硬块  
  
937  
00:38:00,600 --> 00:38:01,360  
我那天吧  
  
938  
00:38:01,360 --> 00:38:05,870  
反正是有点来了这个瘾头了  
  
939  
00:38:05,910 --> 00:38:07,830  
口无遮拦啊，嘶  
  
940  
00:38:08,810 --> 00:38:13,570  
一打手，我说你这个病你知道咋得的吗  
  
941  
00:38:14,910 --> 00:38:15,710  
他说我不知道  
  
942  
00:38:15,990 --> 00:38:16,510  
我说，行  
  
943  
00:38:16,510 --> 00:38:17,870  
我现在告诉你，咋得的  
  
944  
00:38:19,190 --> 00:38:20,030  
4年前啊  
  
945  
00:38:20,710 --> 00:38:24,670  
2019年6月份你自己回去查去啊  
  
946  
00:38:24,830 --> 00:38:25,830  
这事你准忘不了  
  
947  
00:38:25,830 --> 00:38:26,870  
你准能记住啊  
  
948  
00:38:27,550 --> 00:38:29,660  
6月份有一回啊  
  
949  
00:38:29,900 --> 00:38:30,980  
你来了例假  
  
950  
00:38:32,840 --> 00:38:33,040  
啊  
  
951  
00:38:33,760 --> 00:38:35,000  
至于6月多多少号  
  
952  
00:38:35,000 --> 00:38:37,880  
我不能告诉你，你挂号费也没没交那么多啊  
  
953  
00:38:38,400 --> 00:38:39,120  
开个玩笑  
  
954  
00:38:42,240 --> 00:38:43,680  
咱们只是印证医理  
  
955  
00:38:44,040 --> 00:38:45,640  
不是为了惊世骇俗啊  
  
956  
00:38:46,280 --> 00:38:46,560  
呃  
  
957  
00:38:47,700 --> 00:38:49,900  
中医有一门学科叫五运六气  
  
958  
00:38:50,340 --> 00:38:52,140  
这个东西它真是真的啊  
  
959  
00:38:52,140 --> 00:38:52,620  
五运六气  
  
960  
00:38:52,620 --> 00:38:58,710  
不是不是说咱们在这搞搞这个故弄玄虚的东西  
  
961  
00:38:58,710 --> 00:39:00,390  
它真是这东西真有啊  
  
962  
00:39:00,390 --> 00:39:03,430  
伍六七这东西真有，而且它真能用啊  
  
963  
00:39:04,150 --> 00:39:06,360  
那么我当时就告诉他  
  
964  
00:39:06,360 --> 00:39:09,800  
我说你你你当时正好是来月经  
  
965  
00:39:11,250 --> 00:39:11,930  
结果呢  
  
966  
00:39:12,910 --> 00:39:15,350  
人家有人找你有急事  
  
967  
00:39:15,750 --> 00:39:17,110  
你出去要办个急事  
  
968  
00:39:17,910 --> 00:39:20,310  
恰逢出门之后下了雨  
  
969  
00:39:22,680 --> 00:39:23,560  
给你淋着了  
  
970  
00:39:25,080 --> 00:39:26,040  
之后就发了烧  
  
971  
00:39:26,290 --> 00:39:28,210  
我说到这他还没想起来  
  
972  
00:39:28,210 --> 00:39:30,250  
我一说发烧，他想起来了啊  
  
973  
00:39:30,250 --> 00:39:31,850  
这急忙点头说是有这事  
  
974  
00:39:31,850 --> 00:39:34,280  
而且大约他在这脑袋一转啊  
  
975  
00:39:34,280 --> 00:39:35,160  
就就那个时候  
  
976  
00:39:35,160 --> 00:39:36,800  
应该是那个时候，我说你回去翻去吧  
  
977  
00:39:36,960 --> 00:39:39,460  
差不了啊，之后  
  
978  
00:39:41,460 --> 00:39:44,220  
呃，反正发烧你是把它搞定了啊  
  
979  
00:39:45,030 --> 00:39:47,990  
然后肚子开始就有症状，月经就不正常了  
  
980  
00:39:48,750 --> 00:39:52,620  
一直到今天啊，这叫什么年月日  
  
981  
00:39:52,860 --> 00:39:56,260  
你要再精能精到时这是从技术层面啊  
  
982  
00:39:56,380 --> 00:39:58,340  
就纯技术层面我们说  
  
983  
00:39:59,340 --> 00:40:01,620  
那么其实这个理论哈  
  
984  
00:40:02,740 --> 00:40:03,020  
呃  
  
985  
00:40:04,630 --> 00:40:05,310  
说法不一样  
  
986  
00:40:05,430 --> 00:40:09,790  
你像我们经常这么讲叫余毒未净是不是啊  
  
987  
00:40:10,390 --> 00:40:12,910  
其实也有说法叫夫邪啊  
  
988  
00:40:12,910 --> 00:40:15,350  
我这一说有同学能明白啊  
  
989  
00:40:23,640 --> 00:40:24,200  
呼邪  
  
990  
00:40:28,340 --> 00:40:30,140  
敷邪什么邪气怎么样  
  
991  
00:40:31,390 --> 00:40:33,630  
那么那么被掩埋  
  
992  
00:40:33,710 --> 00:40:35,590  
它不叫藏匿了，掩埋在底下  
  
993  
00:40:36,520 --> 00:40:39,600  
但是到某个时间段可能它还会出来  
  
994  
00:40:40,070 --> 00:40:42,230  
实际上我们中医经典啊  
  
995  
00:40:42,230 --> 00:40:46,150  
里面有很多类似于这个相关的记载啊  
  
996  
00:40:46,150 --> 00:40:49,330  
你比如说这个素问生气通天论  
  
997  
00:40:49,970 --> 00:40:52,050  
他中间就有这么一段原话是吧  
  
998  
00:40:52,050 --> 00:40:53,570  
你们可能能能能有印象  
  
999  
00:40:54,090 --> 00:40:55,370  
是以春伤于风  
  
1000  
00:40:56,040 --> 00:40:56,920  
邪气留连  
  
1001  
00:40:57,040 --> 00:40:57,840  
乃为洞泄  
  
1002  
00:40:58,400 --> 00:40:59,280  
夏伤于暑  
  
1003  
00:40:59,480 --> 00:41:00,240  
秋为皆疟  
  
1004  
00:41:00,360 --> 00:41:01,160  
秋伤于湿  
  
1005  
00:41:01,870 --> 00:41:02,310  
怎么样  
  
1006  
00:41:02,310 --> 00:41:02,950  
上逆而咳  
  
1007  
00:41:03,430 --> 00:41:03,950  
发为痿  
  
1008  
00:41:03,950 --> 00:41:05,350  
厥，冬伤于寒  
  
1009  
00:41:05,350 --> 00:41:09,190  
春必温病，四时之气更伤五脏  
  
1010  
00:41:09,610 --> 00:41:10,650  
它不叫更伤啊  
  
1011  
00:41:10,650 --> 00:41:13,010  
你别大白字一读，更伤五脏坏了  
  
1012  
00:41:13,330 --> 00:41:14,250  
庚代表什么  
  
1013  
00:41:14,290 --> 00:41:15,410  
交替是不是  
  
1014  
00:41:15,570 --> 00:41:16,490  
哎，交替的意思  
  
1015  
00:41:16,810 --> 00:41:19,370  
那么这个里头，中医里面  
  
1016  
00:41:19,710 --> 00:41:22,030  
它不只是一个简单的经验医学的东西  
  
1017  
00:41:22,030 --> 00:41:23,870  
我早就说过，古人仰观天文  
  
1018  
00:41:23,870 --> 00:41:24,470  
俯察地理  
  
1019  
00:41:24,750 --> 00:41:28,430  
它是以这个古天文学作为一个基本的世界观  
  
1020  
00:41:28,750 --> 00:41:34,950  
来认知整个人体生理、病理以及相应内算外算之法啊  
  
1021  
00:41:35,810 --> 00:41:36,850  
象数理体系  
  
1022  
00:41:38,480 --> 00:41:41,680  
脉证并治的这个理法，方药怎么去落地  
  
1023  
00:41:41,920 --> 00:41:45,480  
所以中医是一套很丰满的一套学术体系啊  
  
1024  
00:41:46,210 --> 00:41:47,970  
那么更是一套  
  
1025  
00:41:48,290 --> 00:41:52,090  
我们讲这个不敢说治国平天下吧  
  
1026  
00:41:52,090 --> 00:41:58,430  
但是修身齐家啊这种这种我们很很好的一个传承啊  
  
1027  
00:41:58,750 --> 00:41:59,750  
非常好的一个传承  
  
1028  
00:42:00,910 --> 00:42:01,110  
呃  
  
1029  
00:42:01,190 --> 00:42:02,070  
那么后头呢  
  
1030  
00:42:02,150 --> 00:42:05,230  
告诉你这种时候以病不尽故也  
  
1031  
00:42:05,270 --> 00:42:06,590  
那么这个又复发了  
  
1032  
00:42:06,590 --> 00:42:07,750  
说明已病不尽  
  
1033  
00:42:07,750 --> 00:42:11,070  
病不进就是我们刚才讲余毒未清或者是腹泻是吧  
  
1034  
00:42:11,510 --> 00:42:13,030  
当下至一大城墙上  
  
1035  
00:42:14,190 --> 00:42:16,570  
呃，其实用什么汤不重要  
  
1036  
00:42:16,570 --> 00:42:17,570  
我个人的理解  
  
1037  
00:42:17,570 --> 00:42:19,970  
就现在我来看，用什么汤真的不重要  
  
1038  
00:42:20,250 --> 00:42:22,010  
重要的是你看邪气从哪来  
  
1039  
00:42:22,010 --> 00:42:22,890  
你要从哪去  
  
1040  
00:42:23,080 --> 00:42:25,000  
你要是有表邪，你该截表还得截表  
  
1041  
00:42:25,040 --> 00:42:25,720  
是不是  
  
1042  
00:42:25,960 --> 00:42:26,160  
哎  
  
1043  
00:42:26,360 --> 00:42:28,880  
有礼邪你，你该攻下还要攻下  
  
1044  
00:42:29,280 --> 00:42:30,600  
总之鞋有去路  
  
1045  
00:42:31,400 --> 00:42:31,680  
呃  
  
1046  
00:42:32,250 --> 00:42:34,170  
我前一段时间有一个患者啊  
  
1047  
00:42:34,210 --> 00:42:35,730  
他是这个肝癌  
  
1048  
00:42:36,170 --> 00:42:38,080  
那个晚期，有转移  
  
1049  
00:42:38,120 --> 00:42:39,880  
有这个淋巴呀，有呃  
  
1050  
00:42:39,880 --> 00:42:43,530  
包括它还出现了一个心脏的一个炎性瘤啊  
  
1051  
00:42:43,530 --> 00:42:47,370  
在心脏额头一个月不到啊  
  
1052  
00:42:47,370 --> 00:42:48,370  
也就三周之前吧  
  
1053  
00:42:48,370 --> 00:42:49,690  
出现了一个现象  
  
1054  
00:42:50,090 --> 00:42:50,970  
他家属啊  
  
1055  
00:42:51,870 --> 00:42:54,630  
他每次推着轮椅来他后，他有一个老伴儿  
  
1056  
00:42:54,630 --> 00:42:56,110  
老伴儿对他特别好啊  
  
1057  
00:42:56,590 --> 00:42:58,200  
之后给我发信息  
  
1058  
00:42:58,200 --> 00:42:59,760  
特别着急，说他先生  
  
1059  
00:43:00,040 --> 00:43:00,240  
呃  
  
1060  
00:43:00,400 --> 00:43:02,760  
老爷子得得得得，70多岁了啊  
  
1061  
00:43:03,400 --> 00:43:08,300  
呃呃说，突然之间浑身用东北话就叫讲叫苍起来了  
  
1062  
00:43:08,300 --> 00:43:10,990  
就是流脓糖水的长长疮  
  
1063  
00:43:11,030 --> 00:43:11,590  
你知道吧  
  
1064  
00:43:11,990 --> 00:43:12,750  
然后我说，诶  
  
1065  
00:43:12,750 --> 00:43:13,830  
我我心里有数  
  
1066  
00:43:13,830 --> 00:43:15,550  
我说那既然是有这个肿瘤病  
  
1067  
00:43:15,550 --> 00:43:16,750  
那长疮是好事啊  
  
1068  
00:43:17,020 --> 00:43:18,540  
然后我说，那你给我拍拍照吧  
  
1069  
00:43:18,940 --> 00:43:19,380  
窗户在哪  
  
1070  
00:43:19,380 --> 00:43:19,660  
儿  
  
1071  
00:43:21,020 --> 00:43:22,740  
照片一发过来，我乐了  
  
1072  
00:43:24,300 --> 00:43:25,180  
这是什么穴位  
  
1073  
00:43:26,480 --> 00:43:27,560  
对极泉穴  
  
1074  
00:43:28,480 --> 00:43:29,760  
顺着极拳往下走  
  
1075  
00:43:29,760 --> 00:43:32,080  
这是哪少海  
  
1076  
00:43:33,120 --> 00:43:34,760  
到这变道了啊  
  
1077  
00:43:34,840 --> 00:43:37,000  
变道守守绝阴间  
  
1078  
00:43:37,000 --> 00:43:40,970  
使内关心包经，心经心包两经窜出来  
  
1079  
00:43:42,810 --> 00:43:44,930  
鼓包鼓了两周  
  
1080  
00:43:45,010 --> 00:43:48,060  
我说我给他稍稍要领，加减  
  
1081  
00:43:48,420 --> 00:43:49,660  
其实主要是加啊  
  
1082  
00:43:49,660 --> 00:43:54,340  
让他口咧大点出的快点推出去之后整个全消了  
  
1083  
00:43:54,340 --> 00:43:55,060  
上周来，哎  
  
1084  
00:43:55,100 --> 00:43:55,620  
全没了  
  
1085  
00:43:55,620 --> 00:43:56,060  
流光  
  
1086  
00:43:56,880 --> 00:43:57,240  
刘光  
  
1087  
00:43:57,240 --> 00:43:57,680  
我说，行  
  
1088  
00:43:57,680 --> 00:43:58,400  
你查查去吧  
  
1089  
00:43:59,160 --> 00:43:59,360  
哎  
  
1090  
00:43:59,520 --> 00:44:02,400  
心脏的那个站位应该会有变化啊  
  
1091  
00:44:03,230 --> 00:44:03,430  
呃  
  
1092  
00:44:03,470 --> 00:44:04,790  
即使不至于那么快啊  
  
1093  
00:44:04,830 --> 00:44:06,840  
但是一定会有会有会有转归  
  
1094  
00:44:06,840 --> 00:44:08,560  
因为能量是守恒的啊  
  
1095  
00:44:08,560 --> 00:44:10,280  
这个我们讲唯物主义  
  
1096  
00:44:10,280 --> 00:44:13,160  
是不是能量是守恒的那个，它外头出去  
  
1097  
00:44:13,160 --> 00:44:14,360  
它里头肯定会少啊  
  
1098  
00:44:14,550 --> 00:44:16,230  
这么这么简单一个问题啊  
  
1099  
00:44:17,090 --> 00:44:21,330  
呃，因此说这个就是用什么不重要  
  
1100  
00:44:21,410 --> 00:44:24,330  
重要的是你知道他这个方向  
  
1101  
00:44:25,300 --> 00:44:26,380  
额头几天呢  
  
1102  
00:44:26,380 --> 00:44:29,180  
包括也是，我跟呃同事  
  
1103  
00:44:29,340 --> 00:44:30,860  
这不是我们又开学了嘛  
  
1104  
00:44:30,940 --> 00:44:32,020  
几个老师啊  
  
1105  
00:44:32,430 --> 00:44:34,470  
呃，我的本行其实是个教书匠啊  
  
1106  
00:44:34,470 --> 00:44:38,070  
教书先生，我跟其他教书先生我们坐一块聊天  
  
1107  
00:44:38,360 --> 00:44:40,280  
呃，我是教中医类的  
  
1108  
00:44:40,280 --> 00:44:42,720  
他们可能有的是教其他专业的啊  
  
1109  
00:44:42,880 --> 00:44:44,750  
包括语言啊，人文啊  
  
1110  
00:44:44,750 --> 00:44:46,550  
就这些学科老师在一起  
  
1111  
00:44:46,550 --> 00:44:48,070  
哎，就聊到那个新冠的事  
  
1112  
00:44:48,070 --> 00:44:50,190  
因为他大家基本上该养的也都养过了嘛  
  
1113  
00:44:50,190 --> 00:44:51,970  
然后就说后遗症的事  
  
1114  
00:44:52,330 --> 00:44:54,170  
哎呀，我不就没敢吱声啊  
  
1115  
00:44:54,330 --> 00:44:55,370  
因为我一说话吧  
  
1116  
00:44:55,370 --> 00:44:57,610  
有时候他这个可能  
  
1117  
00:44:59,160 --> 00:45:01,240  
怕把这个话题一下就聊聊  
  
1118  
00:45:01,400 --> 00:45:05,160  
聊聊的就不好接话了啊，之后呃  
  
1119  
00:45:05,240 --> 00:45:08,720  
后来他们问我就说张老师你这事你怎么看  
  
1120  
00:45:09,080 --> 00:45:10,120  
哎呀我，我就讲  
  
1121  
00:45:10,120 --> 00:45:12,830  
我说其实哪有后遗症啊，啊  
  
1122  
00:45:12,950 --> 00:45:14,110  
那你们看我朋友圈  
  
1123  
00:45:14,110 --> 00:45:15,950  
你们知道我发烧烧了一天  
  
1124  
00:45:16,470 --> 00:45:18,390  
烧了一天之后一天不到八个小时吧  
  
1125  
00:45:18,390 --> 00:45:22,470  
之后那个第反正是休息了三天  
  
1126  
00:45:22,830 --> 00:45:24,270  
第四天接着练太极拳  
  
1127  
00:45:24,790 --> 00:45:27,030  
不到一周又上野外骑马去了  
  
1128  
00:45:27,110 --> 00:45:29,350  
下着大雪，就没事  
  
1129  
00:45:29,470 --> 00:45:31,110  
包括我治的患者啊  
  
1130  
00:45:31,110 --> 00:45:33,830  
就但凡是呃，没有什么特殊情况  
  
1131  
00:45:33,950 --> 00:45:35,310  
就是用药也得法  
  
1132  
00:45:35,590 --> 00:45:39,150  
当然前提你那普化汤里黄芪得是黄芪  
  
1133  
00:45:39,570 --> 00:45:41,090  
不能是五指毛桃知道吗  
  
1134  
00:45:41,330 --> 00:45:43,490  
有好多人说说普化汤我用完了怎么不行  
  
1135  
00:45:43,810 --> 00:45:44,890  
你得认识药啊  
  
1136  
00:45:45,410 --> 00:45:46,490  
这个很重要啊  
  
1137  
00:45:46,490 --> 00:45:47,750  
就是说，呃  
  
1138  
00:45:47,830 --> 00:45:50,910  
你用五指毛桃，它是起不到黄芪的作用的啊  
  
1139  
00:45:50,910 --> 00:45:52,190  
你就回去翻翻药房吧  
  
1140  
00:45:52,510 --> 00:45:53,670  
看看到底是不是啊  
  
1141  
00:45:53,670 --> 00:45:54,430  
包括那个鳖甲  
  
1142  
00:45:54,910 --> 00:45:59,430  
你那鳖甲是是药用的鳖甲还是从饭店收来的啊  
  
1143  
00:46:00,440 --> 00:46:01,520  
你饭店收那个吧  
  
1144  
00:46:01,520 --> 00:46:02,680  
他也有点效  
  
1145  
00:46:03,900 --> 00:46:05,380  
但是效果不大啊  
  
1146  
00:46:05,460 --> 00:46:06,020  
效果不大  
  
1147  
00:46:06,060 --> 00:46:06,660  
明白了吗  
  
1148  
00:46:07,220 --> 00:46:07,460  
呃  
  
1149  
00:46:07,740 --> 00:46:11,540  
以前啊，人家讲这个中医避王御药  
  
1150  
00:46:12,370 --> 00:46:16,330  
我是对这个问题我是比较回避的啊  
  
1151  
00:46:16,330 --> 00:46:19,240  
但这一回体会有点深刻啊  
  
1152  
00:46:19,240 --> 00:46:20,160  
就个别患者  
  
1153  
00:46:20,490 --> 00:46:21,290  
呃，个别吧  
  
1154  
00:46:21,290 --> 00:46:22,090  
只是个别吧  
  
1155  
00:46:22,090 --> 00:46:24,370  
我见到这个听说过啊  
  
1156  
00:46:24,410 --> 00:46:27,290  
有有按方法用，效果不理想  
  
1157  
00:46:27,290 --> 00:46:30,210  
当然了，中间人家吃没吃退烧药咱也不知道对吧  
  
1158  
00:46:30,410 --> 00:46:32,410  
反正我自己，包括我们家人包括周边  
  
1159  
00:46:32,450 --> 00:46:33,730  
我们是真的没吃  
  
1160  
00:46:34,210 --> 00:46:35,770  
你没吃透血当然透得快  
  
1161  
00:46:36,330 --> 00:46:38,960  
你要一退热往里一压，反正也能退  
  
1162  
00:46:39,160 --> 00:46:40,480  
但是可能慢点啊  
  
1163  
00:46:40,480 --> 00:46:41,400  
就说这个道理  
  
1164  
00:46:41,850 --> 00:46:46,570  
那么总之是中医讲究这个来龙去脉邪气的出入啊  
  
1165  
00:46:46,650 --> 00:46:47,570  
这个非常重要  
  
1166  
00:46:47,890 --> 00:46:49,940  
你出不净，你放心  
  
1167  
00:46:50,140 --> 00:46:52,940  
到那个时候他还出来是不是这个道理啊  
  
1168  
00:46:53,340 --> 00:46:54,180  
到那时候他还出来  
  
1169  
00:46:54,180 --> 00:46:57,100  
你不要抱侥幸心理说我说问题不解决  
  
1170  
00:46:57,140 --> 00:46:58,300  
随着时间自己会好  
  
1171  
00:46:58,300 --> 00:47:00,180  
我告诉你问题不解决永远不好  
  
1172  
00:47:00,630 --> 00:47:01,390  
这是真相  
  
1173  
00:47:01,390 --> 00:47:02,310  
看问题看本质  
  
1174  
00:47:02,670 --> 00:47:05,830  
你不要以为时间会我这问题我挖坑埋这了  
  
1175  
00:47:05,830 --> 00:47:07,790  
埋这之后过了100年它没了  
  
1176  
00:47:08,480 --> 00:47:10,440  
我告诉你那个对吧  
  
1177  
00:47:10,680 --> 00:47:12,000  
考古如果那样的话  
  
1178  
00:47:12,000 --> 00:47:13,440  
考古是啥都考不出来的  
  
1179  
00:47:14,160 --> 00:47:16,600  
那你过几千年不该挖出来，还挖出来吗  
  
1180  
00:47:16,760 --> 00:47:18,520  
一个道理，问题就是得解决啊  
  
1181  
00:47:18,520 --> 00:47:20,440  
我们中医就解决问题好  
  
1182  
00:47:21,370 --> 00:47:24,290  
接着往后看原文第41条  
  
1183  
00:47:24,650 --> 00:47:27,690  
夏利詹愚者有燥食也  
  
1184  
00:47:28,370 --> 00:47:30,410  
这个就是伤寒论条文了啊  
  
1185  
00:47:30,450 --> 00:47:32,130  
这个我我我我伤寒论  
  
1186  
00:47:32,130 --> 00:47:33,530  
我实在讲讲，讲讲够了  
  
1187  
00:47:33,530 --> 00:47:34,410  
我不想跟你讲  
  
1188  
00:47:34,650 --> 00:47:35,970  
你自己看一下吧，啊  
  
1189  
00:47:36,270 --> 00:47:37,030  
那么很简单  
  
1190  
00:47:37,150 --> 00:47:38,230  
就是沾雨之后  
  
1191  
00:47:38,750 --> 00:47:42,850  
那么一定是说有内热有腑气不通，对吧  
  
1192  
00:47:42,850 --> 00:47:43,610  
有腹热之后  
  
1193  
00:47:44,130 --> 00:47:46,410  
当然古人有一个理论，这个很有意思啊  
  
1194  
00:47:46,450 --> 00:47:47,130  
就是这个  
  
1195  
00:47:47,840 --> 00:47:51,050  
你看这几个枪子腹腔，对吧  
  
1196  
00:47:51,650 --> 00:47:54,730  
我们说膀胱这个腔胸腔胸膈嘛  
  
1197  
00:47:54,770 --> 00:47:58,890  
包括颅脑，其实某种意义上他这个契机啊  
  
1198  
00:47:58,890 --> 00:48:00,970  
他是有这个贯通性的  
  
1199  
00:48:01,170 --> 00:48:03,070  
就像一栋楼，一栋楼  
  
1200  
00:48:03,070 --> 00:48:05,110  
他不可能说厕所就独立出去了  
  
1201  
00:48:05,310 --> 00:48:06,750  
除非你弄一个室外的  
  
1202  
00:48:07,520 --> 00:48:09,320  
只要是室内的厕所堵了  
  
1203  
00:48:09,320 --> 00:48:10,520  
他一定往屋里返味  
  
1204  
00:48:11,080 --> 00:48:11,400  
对吧  
  
1205  
00:48:12,040 --> 00:48:13,840  
这居家如此  
  
1206  
00:48:13,920 --> 00:48:14,920  
人也是一样  
  
1207  
00:48:16,080 --> 00:48:16,920  
腑气不通  
  
1208  
00:48:17,040 --> 00:48:17,920  
堵实了之后  
  
1209  
00:48:18,680 --> 00:48:20,520  
呃，他那个浊气往上扰  
  
1210  
00:48:20,920 --> 00:48:22,120  
必然甘于清窍  
  
1211  
00:48:22,120 --> 00:48:22,760  
甘于清窍  
  
1212  
00:48:22,760 --> 00:48:23,320  
人就占鱼  
  
1213  
00:48:23,600 --> 00:48:27,760  
所以在临阵之中，你看到很多那个烧糊化的烧说胡话的  
  
1214  
00:48:27,760 --> 00:48:28,920  
他肯定是有辅热  
  
1215  
00:48:29,750 --> 00:48:30,790  
你看一看，对吧  
  
1216  
00:48:30,830 --> 00:48:31,630  
当然不绝对  
  
1217  
00:48:31,630 --> 00:48:34,990  
但是大绝大多数情况是有辅热，有辅热呢  
  
1218  
00:48:35,370 --> 00:48:38,370  
当然有瘟病的时候你也要考虑是不是血呀  
  
1219  
00:48:38,370 --> 00:48:38,690  
对吧  
  
1220  
00:48:38,690 --> 00:48:40,810  
我们说营血啊，这个气氛热啊  
  
1221  
00:48:40,810 --> 00:48:44,270  
当然你你你都都得具体问题具体分析嘛，是吧  
  
1222  
00:48:46,100 --> 00:48:47,420  
诶好  
  
1223  
00:48:47,540 --> 00:48:50,780  
那么我们这堂课就先到这儿啊  
  
1224  
00:48:51,220 --> 00:48:54,380  
先到这儿我们回头下节接着说